NOTHING PRETTY ABOUT THE UGLY TRUTH, PG 24

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Celebrity pg 41

Sister may raise Jacko's kids: Report

Atleo wins marathon chief battle

VOTE After a marathon battle, Shawn Atleo has been named national chief of the Assembly of First Nations.

The battle between Atleo and Perry Bellegarde went to an eighth ballot Thursday morning, where Atleo ended up with 58 per cent of the vote. After that Bellegarde conceded his bid.

"It's been just a tremendous privilege to be part of this process," said Atleo.

METRO CANADA

MORE COVERAGE, PAGE 8

FocusOn FirstNations

Metro Canada continues its focus on First Nations and Aboriginal news, community issues, arts and culture as part of a special series.

- Today
- **New chief Shawn Atleo, governments have their work cut out, page 8**
- **Remembering plight of missing women, page 16**

T.O.CivicStrike

The latest news about the Toronto city workers' strike.

- Today
- **City to refund summer camp fees, page 3**

On the web

Stay informed:

- Go to metronews.ca for your weekend news updates.

Blue Jays **Doc's last house call?**

RICHARD LAUTENS/TORSTAR NEWS SERVICE FILE PHOTO

Toronto Blue Jays pitcher Roy (Doc) Halladay tips his cap to the crowd following a win over Boston earlier this month at Rogers Centre. Halladay has told the Jays he plans to test free agency in 2010. Friday night's game against Tampa could be Halladay's last start as a Jay. More coverage, page 20.

Mystery deepens

Parents, son charged in deaths of Montreal sisters

The suspicious deaths of three Montreal sisters and a caregiver found inexplicably in a car submerged in the Rideau Canal took a dramatic turn Thursday as police alleged the four had been murdered by the girls' parents and brother in a possible "honour killing."

Kingston police Chief Stephen Tanner said investigators were looking into whether the parents and their 18-year-old son were motivated to kill the girls aged 19, 17 and 13, in a deadly clash of cultures.

The fourth victim was 52-year-old Rona Amir Mohammad. Police for the first time said she was the first wife of the older accused in the case, Mohammad Shafia.

Suspicious

- Police had always called the deaths suspicious. No one could explain how the car had dropped into the canal. There were no skid marks indicating it had gone off the edge of the lock. And there were several obstacles that made it next to impossible that the car could accidentally be driven into the water.

The parents — Shafia and his wife Tooba Mohammad Yahya — and their 18-year-old son Hamed Mohammad-Shafia are charged with first-degree murder.

The three accused arrived for a bail hearing in Kingston court Thursday afternoon, with the girls' parents arriving in separate police cruisers. The son was the last to arrive in an unmarked car. He was taken past media through the back of the courthouse.

THE CANADIAN PRESS

Worst of recession is over, Bank of Canada declares

SunnySide

The Bank of Canada is declaring the recession essentially over in Canada and projecting the economy will bounce back at least twice as strongly as in the U.S.

The bank said Thursday it estimates the Canadian economy will advance by 1.3 per cent during the current July-September period, and three per cent in the fourth quarter, both at annualized rates.

The bank's quarterly monetary policy report contains many cautions about how the world and Canada is coming out of the deepest and most painful downturn since the Second World War.

The bank remains concerned that the fragile financial systems in the United States and Europe may contain more unpleasant surprises that will sideswipe the global economy once more, and it believes the strengthening loonie is not helpful given Canada's dependence on exports.

As well, it warns the recovery is at best nascent and dependent on massive government stimulus and historic low interest rates to support domestic activity and consumer spending.

The more optimistic view of the economy had an immediate effect on the Canadian dollar, which surged 0.97 cent to 92 cents US.

THE CANADIAN PRESS

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ROM appoints new chair
The Royal Ontario Museum announced the recent appointment of Bob Farquharson as the new chair of the ROM board of governors, effective July 1, for a three-year term. METRO NEWS SERVICES

Local

Beaches alive with jazz music

Beaches Jazz StreetFest is now in full swing, with 50 bands performing a variety of music on street corners along Queen Street East between Woodbine and Beech avenues. Performances take place 7 p.m.-11 p.m. through Saturday. For more info, call 416-410-8809 or visit beachesjazz.com. METRO NEWS SERVICES

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Monday's Metro

Comment & Views
Sick day benefits and the TTC: Read In Transit by Ed Drass.

metronews.ca

WHAT'S ONLINE TODAY

Video Police lay murder charges against family members in case of four bodies found in submerged car. Watch at **metronews.ca/canada**

Video Cirque de Soleil founder promises not to be a burden on the crew when he becomes Canada's first space tourist at **metronews.ca/canada**

Lotteries

Ontario Pick 3: 6 4 4; **Ontario Pick 4** : 7 5 2 7
Encore: 7662627
Daily Keno: 4, 6, 12, 13, 14, 20, 22, 26, 31, 33, 35, 42, 43, 44, 47, 51, 54, 56, 58 and 69.
Payday: 48, 49, 60 and 66.
These results are not official.

City refunding $2M camp fees

45,000 campers turned away last month as strike drags on

T.O.CivicStrike

Toronto is refunding just over $2 million to the families of 45,000 children who've missed out on city-run day camps, swimming and youth leadership programs because of the municipal strike.

"We understand that having to cancel city-run day camps and other programs has been a significant inconvenience for families," city manager Joe Pennachetti said in a statement Thursday.

The city has started the process of refunding the money for the 4,425 cancelled programs.

All residents who paid by credit card will be credited, while those who paid by debit, cheque or cash will be mailed cheques.

A $10 cancellation fee that normally applies is being waived.

Parents will be getting money back for such things as a nine-day adventure camp that was to start June 29 for children aged 6 to 10 at a cost of $269.

The city is refunding money for programs that would have taken place between June 22 and July 17, and says all of the funds should be returned by month's end.

TORSTAR NEWS SERVICE

Issuing building permits

- Toronto's decision to resume issuing building permits doesn't go nearly far enough, and should include handing out fast-track permits for small, uncomplicated residential projects such as decks and garages, says Councillor Peter Milczyn.
- The normal fast-track service, allowing people to obtain permits on the spot, was cancelled when the civic workers' strike began June 22.

Firearms seller could see stiffer sentence

GUNRUNNING U.S. prosecutors are looking to double the maximum sentence for a Chicago man who smuggled about 240 firearms into Canada that ended up in the hands of drug dealers and gang members in the GTA.

OPP

- Ugur Yildiz's arrest stemmed from an OPP investigation launched in 2006.

Ugur Yildiz, a 39-year-old American citizen originally from Turkey, pleaded guilty to the illegal possession of firearms in March and faces a maximum sentence of less than five years. But the seriousness of the crime warrants a more severe punishment, prosecutors wrote in a 30-paged sentencing memorandum earlier this month. He appears in court in Chicago next Friday to hear his sentence.

TORSTAR NEWS SERVICE

GTA's girl **Miss Teen Canada contest**

ROGER CULLMAN FOR METRO TORONTO

Miss Teen Canada-World hopeful Joanna Mandap, 17, from Toronto, struts her stuff in preparation for the big pageant on Saturday night at the Metro Toronto Convention Centre. She will compete against 54 finalists from across Canada with the winner going on to represent Canada at the Miss Teen World 2010 Competition in Houston, Texas next month.

Bruce Power turns off plan for 2 reactors

ENERGY The declining demand for electricity in Ontario prompted privately run Bruce Power to announce Thursday that it was dropping plans to build new nuclear reactors in Nanticoke and in Bruce County, plans that never had the approval of the provincial government.

The move comes just weeks after the Ontario government announced an unspecified delay in its own plans to build two new reactors at the Darlington nuclear station. Bruce Power, which operates six nuclear reactors at Kincardine on the shores of Lake Huron, announced it was withdrawing its licence applications for the new reactors. It also told the Canadian Nuclear Safety Commission the Canadian Environmental Assessment Agency that it would suspend environmental assessments in both locations. THE CANADIAN PRESS

News in brief

IRAN Thousands of Iranian Canadians in Greater Toronto will demonstrate the democratic rights they say their countrymen back home are deprived of Saturday — by gathering at Queen's Park for a rally on University Avenue and staging a 24-hour hunger strike for solidarity with the political prisoners arrested in Iran since the June 12 election. The event is timed with the inauguration of president-elect Mahmoud Ahmadinejad, declared the winner by Iran's supreme leader Ayatollah Ali Khamenei. TORSTAR NEWS SERVICE

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Man struck by train, or was he?
Toronto police have not been able to find a man they believe was hit by a train Wednesday night near Birchmount Road and Highway 401. There was blood at the scene and a train engineer told police the man was walking along the tracks when he was struck. TORSTAR NEWS SERVICE

Province opens up PET scans for some

HEALTH Ontario will make positron emission tomography — or PET scans — a publicly insured health service for some cancer and cardiac patients.

PET scanning is a nuclear medicine diagnostic imaging exam that can provide information on both the location and the extent of the metabolic activity of abnormal tissues such as cancer. It has the potential to identify the areas of abnormal metabolic activity that are not always found with MRI or CT scans.

Andre Marin

PET scans can help determine the stage or extent of some cancers, and can be useful in making treatment decisions in certain advanced heart conditions.

Ontario ombudsman Andre Marin pushed the province to expand PET scans after receiving numerous complaints from doctors and patients.

Opposition health critic Elizabeth Witmer said she was encouraged to see the province agree to fund more PET scans.

It has been seven years since the Ontario government decided to conduct clinical trials to determine whether it should fund PET scans for specific conditions. For patients with indications for which PET scans will not be funded, doctors will still be able to make a request for funding through the PET Access Program.

By October, insured PET scans will be performed in Ottawa, London, Toronto, Hamilton and Thunder Bay. THE CANADIAN PRESS

City breaks ground on new waterfront park

It was a very soggy groundbreaking for Toronto's newest green space — Sherbourne Park.

But the rain Thursday did not stop federal Finance Minister Jim Flaherty, Ontario Deputy Premier and Minister of Energy and Infrastructure George Smitherman along with Toronto Mayor David Miller from showing up to launch the 1.5-hectare amenity.

Located at the foot of Sherbourne Street on the city's waterfront, the park will be a major addition to Toronto, the self-styled "city within a park." It aims to accomplish multiple goals. In addition to being an element of the city's storm water treatment system, it will also be a playground for kids, a neighbourhood park and event venue.

"If it's only the icing on the cake, it would be a pretty thin layer," explained designer, Vancouver landscape architect Greg Smallenberg. "It has to do double duty."

RICK EGLINTON/TORSTAR NEWS SERVICE
Officials kick off construction of Sherbourne Park, from left, Waterfront Toronto CEO John Campbell, Mayor David Miller, Finance Minister Jim Flaherty, and Ontario Energy Minister George Smitherman.

Sherbourne Park will include a watercourse that runs through the grounds and into Lake Ontario, several hundred trees, 26 play structures and nearly 50 benches. It has been described as "an outdoor living room." Construction has already started and the $28.7-million park is scheduled to open next summer. TORSTAR NEWS SERVICE

Canadian food more salty: Study

INGREDIENTS Colonel Sanders' original recipe for KFC's seasoning remains an industry secret, but new research shows there is at least one ingredient that manufacturers around the world are willing to tweak.

A new study from the British-based World Action on Salt and Health, or WASH, suggests the salt content in KFC products, as well as those cooked up by other worldwide food giants, vary widely from country to country with the Canadian versions often containing more sodium than their global counterparts.

The trend holds true for many of the roughly 260 products analyzed in the survey, which include foods from brands such as Nestlé, Burger King, Subway, McDonald's and Kellogg's.

Canadians starting the morning with a bowl of Kellogg's All Bran, for instance, are eating a higher-sodium breakfast than Americans with the same cereal preference.

The study showed All Bran sold in Canada contains 2.15 grams of salt per 100 gram serving, while All Bran found in the U.S. contains 70 per cent less salt with just 0.65 grams found in the same amount of cereal.

The same holds true for onion rings purchased at a Burger King located in Canada, which contain more salt per 100 grams than any of their global counterparts at 0.681 grams, according to the study.

Canadians enjoying a six-inch ham sandwich at Subway may be ingesting less salt than those dining on the same meal in New Zealand or Singapore, but are still eating a higher-sodium sandwich than Australians and Finns are able to obtain — the Canadian version contains 0.473 grams of salt per 100 grams compared to 0.464 in Australia and just 0.3 in Finland. The results have prompted calls for manufacturers to lower the salt content in their products.

WASH chairman Graham MacGregor says such a move would have profound global health benefits, adding that salt is a leading cause of high blood pressure, which can in turn lead to heart disease and other serious health concerns. THE CANADIAN PRESS

Woman tells augmentation hearing she feared for life

PANEL A 22-year-old woman's hope that breast augmentation would bring self-confidence ended with the woman fearing for her life, she testified Thursday before a panel of the College of Physicians and Surgeons.

The $7,000 augmentation procedure performed by Dr. Behnaz Yazdanfar last year led to hospitalization, an emergency corrective procedure by another surgeon and the eventual removal of the young woman's implants, she testified at the college disciplinary hearing in which the doctor faces allegations of mistreatment involving 28 patients

After paying for the surgery in advance, the woman said she found newspaper stories about the death of Krista Stryland following a 2007 liposuction procedure conducted by Yazdanfar.

Lawyers representing Yazdanfar said at the hearing that the woman's complication — a blood clot — is among the most common suffered by surgical patients. Challenged by Yazdanfar's lawyers, the woman acknowledged she signed forms detailing common risks associated with this type of procedure. TORSTAR NEWS SERVICE

News in brief

PLANE RETURNS An Air Canada plane that took off from Pearson around 4:30 p.m. Thursday for Beijing returned to the airport shortly after when mechanical issues were discovered. Passengers were bused back to the terminal to wait for the next flight to Beijing.

DOG WALKER A 75-year-old man was struck by a Honda Civic as he walked his dog on Cawthra Road north of Bloor Street West Thursday. The victim is in critical condition. TORSTAR NEWS SERVICE

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Smoke shuts down Danforth

A stretch of Danforth Avenue was shut down Thursday morning after heavy smoke could be spotted at an industrial address sparking fears that a nearby hydro vault could explode. Fire crews quickly controlled the minor blaze, avoiding any major disasters. METRO NEWS SERVICES

Union Station funds coming?

City to pledge money: Source

A specific cash pledge for the revitalization of Union Station is expected Friday as Mayor David Miller joins the federal finance minister for an announcement in Toronto.

Union Station

It's unclear what the exact dollar figure will be, but sources told Torstar News Service the provincial share alone of the massive, $600 million-plus project would be $172 million.

Ottawa is expected to be on the hook for a similar amount.

The province is also involved in the project, and Miller and Finance Minister Jim Flaherty will be joined by George Smitherman, the provincial minister of energy and infrastructure, for the announcement.

"This is a significant move toward improving commuter flow and the province's commitment to (the) regional transit system," a senior provincial official said Thursday night.

The city has called a special council meeting Aug. 5 and 6 to deal with unfinished business that wasn't addressed because of the garbage strike, and Union Station is one of the key items on the agenda.

The meeting would include discussing a "dig down" to create two new GO Transit concourses, with a pedestrian and retail level below with a 2015 completion date.

TORSTAR NEWS SERVICE

Weather **Rainy weekend ahead**

PAWEL DWULIT/TORSTAR NEWS SERVICE

A man runs across the intersection of University Avenue and Queen Street West in downtown Toronto during a downpour Thursday. Environment Canada is calling for scattered showers throughout the weekend.

School boards say preparing for pandemic

Flu **Outbreak**

HEALTH School boards are spending the summer fine-tuning pandemic plans in preparation for the return of students in September and are even considering the worst-case scenario prospect of closing schools if too many students and staff are absent because of influenza A (H1N1), also known as swine flu.

"We have a process in place in the event that we need to have school closures," Mark Joel, a superintendent with the Durham District School Board, said Thursday. "We're preparing for the worst but hoping for the best."

School boards are working with local public health units on pandemic plans. TORSTAR NEWS SERVICE

Police chief blasts human rights ruling

PROFILING A human rights tribunal verdict of racial profiling against a Toronto constable sets "an impossibly high standard" that will be challenged in court, Toronto Police Chief Bill Blair said Thursday.

But the decision in favour of Canada Post letter carrier Ronald Phipps, who is black, and against Const. Michael Shaw, who is white, means to Blair that "you can have the best of intentions and be totally without bias but none of that matters if someone wants to believe you are biased." The ruling declared that by stopping Phipps and verifying his identity with a white letter carrier, Shaw was guilty of racial profiling.

TORSTAR NEWS SERVICE

News in brief

FLU VACCINES Another storm may be brewing for the coming flu season: A component of the seasonal flu shot may not be well matched to the circulating viruses, potentially setting up what's known as a vaccine mismatch, experts said Thursday.

THE CANADIAN PRESS

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Vancouver $258
Travel Aug 24 - Aug 31/ac + taxes & fees $113

Paris $295
Travel Sep 14 - Sep 23/ts + taxes & fees $342

Amsterdam $349
Travel Sep 16 - Sep 24/ts + taxes & fees $322

Buenos Aires $499
Travel Oct 13 - Oct 28/ac + taxes & fees $222

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Puerto Plata 4-Star $567
Grand Paradise Playa Dorada + taxes & fees $321
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Aug 22/nol/ts.

Varadero 4-Star $585
Mecure Playa de Oro + taxes & fees $210
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Aug 27/swg/wg.

Punta Cana 4-Star $598
VIK Hotel Arena Blanca & Cayena Beach Club + taxes & fees $321
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Aug 23/vat/c6.

Santa Clara 4.5-Star $598
Melia Cayo Santa Maria + taxes & fees $205
INCLUDES roundtrip airfare, transfers and 7 nights 4.5-star all-inclusive accom. Departs Aug 23/vat/ts.

Mayan Riviera 4-Star $697
Catalonia Yucatan Beach + taxes & fees $272
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Aug 8/nol/ts.

Aruba 4-Star $1068
Holiday Inn Sunspree + taxes & fees $240
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom. Departs Aug 17/vat/ts.

Europe Holidays

FRANKFURT $877
Leonardo Hotel Frankfurt + taxes & fees $326
INCLUDES roundtrip airfare and 7 nights 3.5-star central accom with breakfast daily. Departs Aug 10/vat/ts.

Italy Fly & Rail $699
Eurail Italy Pass + taxes & fees $302
INCLUDES roundtrip airfare to Rome and 4-day rail pass to explore Italy at your own pace. Travel Sep 6 - 18/ggv/ts.

London 7 Nights $747
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Cruise Holiday

Canada & New England $675
Norwegian Spirit + taxes & fees $115
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Holidays

LAS VEGAS 4 NIGHTS $265
Circus Circus + taxes & fees $141
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Orlando Family Special $229*
Best Western Lakeside + taxes & fees $25
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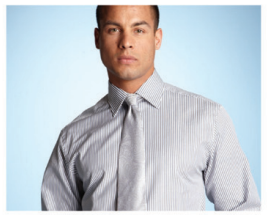

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B.C. to harmonize PST, GST

The B.C. government plans to harmonize its provincial sales tax with the federal GST for a single, 12 per cent sales tax. Premier Gordon Campbell said Wednesday that harmonizing the taxes on July 1, 2010, will boost new business investment, improve productivity and create jobs. THE CANADIAN PRESS

Canada

Novice spaceman preparing

Canada's first space tourist said he's playing catch-up on his astronaut training but is working hard to prepare for a September launch. Guy Laliberte, left, told a news conference at Johnson Space Center in Houston Thursday that the experience has been amazing thus far. The founder of the Cirque du soleil is scheduled to blast off Sept. 30 to visit the International Space Station. THE CANADIAN PRESS

Young deaths leave community reeling

FocusOn FirstNations

KRISTEN LIPSCOMBE
Metro Canada

YOUTH Nova Scotia's Mi'kmaq Eskasoni Band has been struggling recently with suicides and drug overdoses among its younger members.

Since the start of 2008, a half-dozen Eskasoni youths have taken their own lives, while several others have died from alcohol and drug abuse.

Eskasoni Coun. Leory Denny said a makeshift crisis centre set up this year has had a huge impact, and he believes there should be a national centre to help Aboriginal youths across Canada.

Work cut out for AFN, governments

Mutual respect key to easing hostilities between Aboriginals, rest of Canada

Christine Williams

News Analysis

FocusOn FirstNations

JEFF MCINTOSH/THE CANADIAN PRESS

Newly elected Assembly of First Nations National Chief Shawn Atleo, centre, admires outgoing chief Phil Fontaine's traditional hat Thursday at the AFN's annual general assembly in Calgary.

Ending a nine-year leadership, departing Assembly of First Nations head Phil Fontaine instructed his successor to make eradicating First Nations poverty a top priority.

But now that Shawn Atleo has taken over the reins, hostilities between Aboriginals and mainstream Canada over some 900 outstanding land claims should be an equal priority.

Atleo, 42, believes the federal and provincial governments continue to operate from a position of non-recognition, according to his platform communiqué.

The latest confrontation between the Canadian Border Services Agency and the Mohawk Council of Akwesasne at the Eastern Ontario border crossing highlights the urgency for governments to end their foot-dragging. Mohawk warriors had a bulldozer on hand, ready to swarm in and disarm the agents if the CBSA proceeded with the arming of its officers.

It was a travesty for federal border agents to be chased out of office by rogue Aboriginal activists, who are not necessarily supported by their own communities.

A solution demands that we start from a position of mutual respect. As a businessman, and chancellor of Vancouver Island University, Atleo has touted himself as a regional politician and champion of unity. The majority of AFN chiefs and Aboriginal progressives see education and peaceful demonstrations as the best way to inform mainstream Canada of the plight of First Nations peoples.

Both federal and provincial bodies need to sit down at the negotiating table with Aboriginal leaders. Dragging heels on the issue is objectionable given the frustrations on both sides.

Christine Williams is the producer and host of the live current affairs daily talk show On the Line at CTS TV in Burlington, Ont.

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Total Price Adjustment	**$3,323**

Your Employee Price

$19,476*

Offer excludes freight

2009 Ford Edge SE

MSRP (Dealer may sell for less)	$30,499
Employee Price Adjustment	$2,190
Delivery Allowance	$3,500
Total Price Adjustment	**$5,690**

Your Employee Price

$24,809*

Offer excludes freight

2009 Ford Flex SEL

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Employee Price Adjustment	$3,040
Delivery Allowance	$4,000
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Fire prompts evacuation order

More than 2,000 people in an Okanagan community have been ordered out of their homes as a forest fire races toward them. THE CANADIAN PRESS

Tasers can kill: Report

But Canadians are better off with them, inquiry notes

The former judge conducting a public inquiry into Taser use has concluded the stun guns can kill or seriously injure people but Canadians are better off with the controversial weapons than without them.

Immediately after Thomas Braidwood released his report Thursday, the B.C. government ordered all police, sheriffs and corrections officers in the province to "severely restrict the use of the stun guns."

At a news conference, Braidwood slammed the B.C. government for "abdicating" its responsibility for establishing standards for Taser use.

"I am equally concerned that there are no provincial or national standards on weapon safety," he said in releasing a report into the use of Tasers among municipal police forces in the province.

Braidwood

"Conducted energy weapons are unique — they are the only weapon designed to cause intense pain and to incapacitate through an electrical current."

However, Tasers were introduced without prior independent government testing of their electrical safety or Canadian Standards Association approval, but only on the manufacturer's assurances they were safe, Braidwood said.

"Similarly, there are no requirements for periodic testing of all weapons, let alone in cases of serious injury or death proximate to weapon use."

Braidwood also criticized police departments for relying too heavily on the Taser manufacturer to train officers.

"The result has been a patchwork quilt of inconsistent policies among the police departments."

But he stopped short of calling for a ban on Taser use, saying they're better than guns, and in some police agencies officers were able to resolve situations in up to 80 per cent of cases merely by displaying the weapon.

THE CANADIAN PRESS

House drivers want smooth ride

PARLIAMENT House of Commons bus drivers say they're getting a bum rap.

The passenger seats are comfortable enough for the brief time MPs will occupy them between their offices and Centre Block.

But drivers say minimal extras for their seats spell uncomfortable, possibly even painful, shifts once Parliament resumes in the fall.

"We have to drive these all day long," said Bob Beauchamp, a veteran driver and spokesman for his unit's local of the Public Service Alliance of Canada.

"I'm driving a 21-foot bus, watching for skateboarders, Rollerbladers, women pushing baby carriages — I don't need distractions." Bob Beauchamp, driver

"I'm driving a 21-foot bus, watching for skateboarders, Rollerbladers, women pushing baby carriages — I don't need distractions."

The drivers appreciate improvements from their old fleet, especially electric doors for letting passengers on and off.

Beauchamp, however, notes city bus drivers are equipped with specially designed seats for long shifts. The municipal versions provide complete lumbar support to minimize the impact of the road.

THE CANADIAN PRESS

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Commission says world is running out of time
Studying climate change, it said the Arctic, which is warming rapidly, is a bellwether for the rest of the world. THE CANADIAN PRESS

Man found guilty in O Canada trial

A provincial court judge who found a man guilty Thursday of threatening a New Brunswick teacher after he stopped the daily playing of O Canada in an elementary school says the accused was trying to intimidate and instil fear.

Bradley Howland was accused of uttering threats to cause serious harm to Erik Millett at Belleisle Elementary on Jan. 31, and saying that if the secretary wasn't there, he'd take him outside and beat some sense into him over his handling of the anthem.

Outside court, Millett said the last few months have been an ordeal.

"I've been living under an extreme amount of stress and pressure as a result of all this," he said.

"I've had a full-fledged witch hunt mounted against me by a small number of people, but also federal politicians, and I have yet to receive an apology from any of the people who have attacked me, attacked my character, attacked my family."

> **"I've had a full-fledged witch hunt mounted against me."**
> Erik Millett, New Brunswick teacher

The principal was at the centre of a national controversy after a decision to scale back the daily singing of the anthem to special events only. Millett made the change because two families objected to their children participating for religious reasons.

During the trial last week, Millett said he had received quite a few "harassing" phone messages and emails in late January, despite the fact the decision had been made 18 months earlier.

But Howland — whose daughter was enrolled in kindergarten at the school — said it was just a man-to-man talk in an effort to learn when the anthem would be played again.

Judge Henrik Tonning said Millett's version of what happened is credible, adding that citizens are not entitled to threaten other citizens because of a difference of opinion. Sentencing is set for Aug. 28.

THE CANADIAN PRESS

Passport rules blamed for less travel to Canada

TOURISM David Tetrault has noticed a 50 per cent drop in business at his bed and breakfast in Niagara Falls, Ont., this year and he estimates a chunk of that is the result of new passport regulations at the Canada-U.S. border.

It's a trend tourism operators say they have also experienced.

Randy Williams, president of the Tourism Industry Association of Canada, says the number of Americans visiting Canada is at a more than 30-year low.

Some of that is related to the economy and other factors, but he doesn't think the new U.S. passport rules have helped.

"We're at the lowest level at any time since 1972," Williams says.

As of June 1, anyone travelling into the United States, or Americans returning home via land or sea ports, have been required to produce a passport or other acceptable form of identification, such as a NEXIS card or an enhanced driver's licence. THE CANADIAN PRESS

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Fifteen hurt in ferry collision

Two large passenger ferries collided outside a port south of Stockholm on Thursday, injuring 15 people, authorities said. Stockholm police said five people had been taken to hospital with serious injuries. THE ASSOCIATED PRESS

World

Bloomberg to chauffeurs: Turn it off

New York City Mayor Michael Bloomberg has told his drivers to turn off their vehicles when they are parked after The Associated Press reported it observed his vehicles idling throughout the city. Bloomberg spokesman Stu Loeser said the mayor made it clear to the police detail that drives him that he wants to set a better example. The city also said that months ago, the mayor had "No Engine Idling" signs installed on the dashboards of the sport utility vehicles. THE ASSOCIATED PRESS

Bin Laden's son killed: Officials

AL-QAIDA Saad bin Laden, a son of al-Qaida leader Osama bin Laden, may have been killed in a U.S. airstrike, U.S. officials said Thursday. The son was likely killed in Pakistan in the last several months, approximately in late spring, said a counterterrorism official, one of three Obama administration officials who spoke on condition of anonymity.

Though many in the intelligence community believe he is dead, they can't be 100 per cent certain because no body or DNA evidence was recovered to prove it, one official said.

THE ASSOCIATED PRESS

News in brief

ENVIRONMENT France's parliament passed a sweeping law Thursday, saying the country should reduce carbon emissions fourfold by 2050 and increase renewable energy sources to 23 per cent of total energy production.

NAME A European Union official has urged EU candidate Macedonia to resolve a name dispute with Greece and speed up reforms. Greece is vowing to block Macedonia's entry unless the country amends its name — arguing it implies a territorial claim on its own region of Macedonia. THE ASSOCIATED PRESS

Back to school

Canada rebuilding Afghanistan's education system

Hunched over aging desks with pens clasped in their hands, they hardly look like revolutionaries.

But in Kandahar, the city they call home, they are considered dangerous enough that they've been the targets of a brutal campaign of annihilation by the Taliban.

They are teachers, and for many in this war-torn land, they are at the forefront of the war on terror and the future of their country.

"In the West, people want to be doctors," says Shogota, 19. "Here, we need teachers, education."

Shogota is one of 184 students at the Teacher Training College in Kandahar city, and one of 57 women. She's been teaching English for a year and she's well aware of how dangerous her profession can be. Attacks on teachers and schools have been commonplace in Afghanistan, where the Taliban banned education for girls in 1996.

In Kandahar province, it is estimated only five per cent of women are literate and 22 per cent of men, and there is every indication that the insurgents would like to keep it that way.

REBECCA MOORE/THE CANADIAN PRESS

Cpl. Brian Keene, of the Kandahar Provincial Reconstruction Team, chats with an Afghan boy at the Teacher Training College in Kandahar on Wednesday.

5%
Estimated literacy rate among women in Kandahar.

Last November, terrorists sprayed acid at young girls on their way to school in Kandahar city and several of the province's schools have been burned down or attacked.

"If security was better, every girl would like to go from her home and go to school," says Abdul Samad Nazari, director of the college, a collection of sparse buildings that is about to get a makeover, thanks to the Canadian International Development Agency and the Canadian Forces.

Since the Taliban were ousted in 2001, school enrolment has increased from 700,000 students — all boys — to an estimated six million, 35 per cent of them girls. Canada has committed $90 million for education, including $12 million over three years to build or renovate 50 schools. THE CANADIAN PRESS

Mayors, rabbis arrested in New Jersey probe

CORRUPTION The mayors of three New Jersey cities, two state legislators and several rabbis were among more than 40 people arrested Thursday in a sweeping corruption investigation that began as a probe into an international money laundering ring that trafficked in goods as diverse as human organs and fake designer handbags.

Among the 44 arrested were Hoboken Mayor Peter Cammarano III, Secaucus Mayor Dennis Elwell, Jersey City Deputy Mayor Leona Beldini, state Assemblyman President L. Harvey Smith and state Assemblyman Daniel Van Pelt.

The number of arrests was noteworthy even for New Jersey, a state that has seen more than 130 public officials plead guilty or be convicted of corruption since 2001.

"New Jersey's corruption problem is one of the worst, if not the worst, in the nation," said Ed Kahrer, who heads the FBI's white collar and public corruption investigation division. "Corruption is a cancer that is destroying the core values of this state."

Cammarano, 32, who won a runoff election last month, is charged with accepting $25,000 in cash bribes from an undercover co-operating witness. Elwell is charged with taking $10,000.

According to the U.S. Attorney's Office, the investigation initially focused, with the help of the co-operating witness, on the money laundering network that operated between Brooklyn; Deal, N.J.; and Israel. The network is alleged to have laundered tens of millions of dollars through charities controlled by rabbis in New York and New Jersey.

Israeli police spokesman Micky Rosenfeld said he has heard of the story but knows nothing of kidneys being sold by Israelis.

THE ASSOCIATED PRESS

Charges

- In separate money laundering complaints, several rabbis from New York City's Brooklyn borough and New Jersey were charged with offences ranging from the trafficking of human kidneys from Israeli donors to laundering proceeds from selling fake Gucci and Prada bags.

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Law passed in France for more business openings on Sundays

France's parliament has given final approval to a law allowing more businesses to stay open Sundays despite protest from labour unions. The Senate approved the measure 165-159 on Thursday. The lower house of parliament passed it July 15. THE ASSOCIATED PRESS

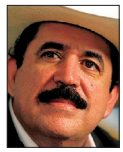
Honduras' exiled president plans risky return

Deposed leader, threatened with arrest, hopes soldiers will stand down when they see him

Honduras' deposed president headed toward his nation's border Thursday to prepare a risky return home to reverse an ouster that is testing the vitality of democracy in Latin America.

The interim government that sent Manuel Zelaya into exile vows to arrest the president if he sets foot in Honduras. Zelaya said he would make a second attempt to return home Saturday, saying U.S.-backed attempts at mediation had broken down.

Accompanied by Venezuelan Foreign Minister Nicolas Maduro, Zelaya drove a white jeep out of the Honduran Embassy in Nicaragua, heading toward the northern town of Isteli, where he said he would spend Friday preparing for his return. Honduran Embassy officials broke into applause and chants of "Long live Mel!" using his nickname.



Manuel Zelaya

Zelaya said he hoped soldiers at the border would stand down when they see him. He called on supporters to meet him at the border, although he has not yet said exactly where he plans to cross into Honduras.

All governments in the Western Hemisphere have condemned the coup, in which soldiers acting on orders from Congress and the Supreme Court arrested Zelaya and flew him into exile. Nations on both sides of the political spectrum say Zelaya's return to power is crucial to the region's stability.

THE ASSOCIATED PRESS

China **Two better than one**

ABEC BAKER/THE ASSOCIATED PRESS

Two Chinese boys play on a fence in Beijing, China, on Thursday. Family planning officials in Shanghai are making home visits and slipping leaflets under doorways to encourage certain residents to have a second child in a bid to balance the city's expanding senior population.

At least 12 killed, scores hurt in Yemen protests

VIOLENCE Yemeni security forces on Thursday opened fire on thousands of protesters in the south chanting anti-government slogans, killing 12 and wounding scores of others, medics and eyewitnesses said.

Eyewitnesses said hundreds of security forces opened fire on some 5,000 protesters in Abyan's provincial capital of Zinjibar to disperse them. The eyewitnesses spoke on condition of anonymity for fear of government reprisal.

Yemen's north and south were separate countries until they united in 1990, only to dissolve into a monthslong civil war four years later when the south tried unsuccessfully to secede. Demonstrations by former army members in southern Yemen demanding political reforms have been occurring regularly since August 2007.

THE ASSOCIATED PRESS

News in brief

HEAT WAVE Authorities across parts of Eastern Europe urged people to stay indoors and drink plenty of water Thursday as a heat wave sent temperatures soaring. By midday, many nations reported temperatures of 36 C, with some at record levels.

CRONKITE Loved ones, friends and colleagues gathered Thursday for Walter Cronkite's funeral at St. Bartholomew's Church in Manhattan, where the CBS newsman's family worshipped for decades. Cronkite died last Friday at the age of 92. THE ASSOCIATED PRESS

Belgian prison inmates fly out of jail

Belgian authorities say three inmates escaped from prison Thursday via a helicopter hijacked by an accomplice on the outside. THE ASSOCIATED PRESS

Iran 'more militarized'

Mousavi says atmosphere a danger to republic

The wife of opposition leader Mir Hossein Mousavi said Thursday that her 62-year-old brother is among the hundreds arrested in Iran's postelection crackdown, as Mousavi warned that the country is becoming "more militarized" amid the turmoil.

Mousavi implicitly accused the security forces of exceeding their powers under Iran's constitution, suggesting that the "near-coup d'etat atmosphere" was a danger to Iran's Islamic Republic.

Police, the elite Revolutionary Guards and the Basij militia arrested more than 2,500 people in their heavy crackdown against protests that erupted in support of Mousavi after the disputed June 12 election. More than 500 of them remain in prison, including many top politicians from pro-reform political parties, human rights lawyers, journalists and activists. Arrests have continued in recent weeks.

Mousavi

The turmoil has been the biggest challenge to Iran's ruling clerics in decades, and the Revolutionary Guards force has taken a prominent role in defending the leadership. THE ASSOCIATED PRESS

Dialogue unlikely

- U.S. Secretary of State Hillary Clinton on Thursday said the upheaval has made it unlikely Iran will respond any time soon to the Obama administration's attempts to engage in dialogue with Tehran, its top rival in the region.

Securing Swat should be Pakistan's priority: U.S.

ISLAMABAD U.S. President Barack Obama's special envoy to Pakistan said Thursday that securing gains in the Swat Valley and ensuring the safe return of refugees uprooted by the government's anti-Taliban campaign should be Islamabad's top priority.

Pakistan's military is winding down an offensive that began in late April in the country's northwest and displaced some 2 million people from Swat and surrounding areas, according to the United Nations.

"The highest priority right now has to be to secure the areas in Swat and Buner as the refugees return," Richard Holbrooke told reporters after a visit to the Pakistani capital.

Security forces have also been carrying out strikes ahead of a promised new offensive in nearby South Waziristan, part of Pakistan's lawless tribal belt along the Afghan border. THE ASSOCIATED PRESS

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Comment

Remembering 'just another junkie'

FourthWave

Sarah Jean de Vries. It's not a name I knew before seeing filmmaker Janis Cole's video installation, Remember Their Names, at a Toronto gallery, but I'd now be hard-pressed to forget it.

Her missing poster, case No. 98-88486, reads like this: Known prostitute and drug user; black, white, Aboriginal, Mexican Native heritage; age 28; last seen at Princess and Hastings streets on April 14, 1998.

She is one of 27 dead women Robert Pickton faces murder charges for; one of 68 women, Indians, junkies and whores, missing from Vancouver's Downtown Eastside.

Not a week into her disappearance, friends and family postered and pushed police to act — not just for Sarah, but for dozens who had disappeared since the 1980s.

That inaction is Cole's constant theme. A screen flashes quotes from police: "We've done as much as we could." "We're in no way saying there is a serial killer ... (or) the women are dead."

The installation loops footage of Sarah shooting up. "There's three ways you can go: Jail; dead; or end up a lifer down here," she says.

FocusOn FirstNations

In a 1999 Seattle Times article, Sereena Abotsway echoed Sarah's despair, saying she feared for her safety. She joined community marches to call for police action as women disappeared. Two years later, she, too, went missing, one of six women Pickton was convicted of killing in 2007.

This is Canada's collective shame, ignoring women like Sarah and Sereena, who felt fear and vulnerability with urgency, who asked for (and gave) help, but received none.

It's a tired cry for a static situation: Why has nothing been done? Since 1969, 18 women have disappeared or been murdered on Highway 16, the Highway of Tears, in northern B.C. Last fall, best friends Maisy Odjick and Shannon Alexander disappeared from the Kitigan Zibi reserve north of Ottawa without even their wallets, but for months police maintained the teens had simply run away.

"No one cares, we are just junkie scum. Yet if we had been somebody important and our daughter had gone missing," Sarah wrote, presciently, before her disappearance, "no stone unturned, no rock or cranny would be left unsearched."

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

Views

Green 'mistakes' tower across Toronto

UrbanCompass

The lull before the next wave of condo construction in Toronto's downtown is an opportunity to reflect on the type of buildings we want to live in for years to come. Concerns about the environmental sustainability of the city's new glass towers were largely ignored during the frenzied era of glitzy upgrades, bidding wars and lineups for multimillion-dollar penthouse purchases.

That was a mistake that shouldn't be repeated.

"Blips in the economy are good for rethinking what we should be doing," says Graeme Stewart of ERA Architects. Stewart notes the flood of applications for new condo construction during the heady days of the pre-recession condo boom meant energy efficiency concerns were largely ignored.

"But now is the time to take a breath and say, 'What should the next round be like?'"

It should definitely be about buildings that are greener. University of Waterloo building science expert John Straube says the glass walls on many recently built downtown towers make them the building equivalent of a Hummer when it comes to energy consumption.

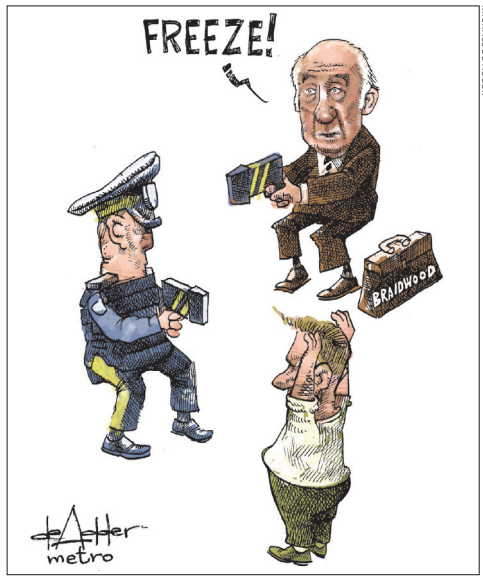
That's because glass is a lousy insulator. It leaks heat during the winter and allows the hot sun in during summer.

How did we end up here? Glass walls and cheaper but less-than-efficient heating and cooling systems were installed in many buildings because the developers have interests that are different from the buyers who foot the utility bills.

There are signs consumers are buying into sustainability so there's a chance the future may be different. Developers are offering green features. Purchasers are responding. And the building code is slated for more frequent revisions to keep up with technological innovation.

In the meantime, though, the skyline is dotted with multi-storey environmental mistakes — mistakes that aren't going away any time soon.

April Lindgren teaches at Ryerson University's School of Journalism, where she specializes in local news and urban affairs reporting; april.lindgren@arts.ryerson.ca.



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Mining company faces labour charges

The Ontario Ministry of Labour has laid 11 charges against the operators of the Canada Talc mine near Madoc, Ont., after the death of an employee, 22-year-old Justin Rogers, last August, ministry spokesman Bruce Skeaff said. THE CANADIAN PRESS

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Business in brief

POTASH Saskatoon-based fertilizer giant Potash Corp. of Saskatchewan Inc. lowered its 2009 sales forecast to between 4.5 and 5 million tonnes Thursday after second-quarter profits plunged nearly 80 per cent on tumbling potash and phosphate prices.

NATURAL GAS EnCana Corp. says its hedging program softened the blow of weak natural gas prices during the second quarter, in which the Calgary-based energy giant saw a 38 per cent decline in operating profits.

THE CANADIAN PRESS

Nortel bidding war?

RIM not among hopeful buyers in New York

Bidding for Nortel Networks' wireless assets is expected to be intense Friday when hopeful buyers meet in New York City at the offices of the insolvent tech giant's lawyers.

Swedish telecom giant Ericsson confirmed Thursday that it has officially submitted a bid.

The lowest bid is a preliminary $650 million US from Nokia Siemens — announced by Nortel in June as a "stalking horse" offer to draw out higher bids.

$730M Reports have suggested that Ericsson's offer is worth $730 million US, which would make it the highest known official offer.

A third confirmed bidder is New York-based MatlinPatterson, which offered $725 million US.

Absent Friday will be Research In Motion, which has tried unsuccessfully to convince Nortel to skirt the court-approved procedures and unlock the bidding process.

THE CANADIAN PRESS

Ottawa giving Air Canada pension break

MORATORIUM Federal Finance Minister Jim Flaherty says Ottawa is on the verge of approving a pension payment moratorium for Air Canada.

Flaherty told reporters in Toronto on Thursday that approval is "virtually ready" to allow the company to act on plans meant to pull itself out of dire financial straights.

Air Canada's pension deficit has ballooned to more than $2.9 billion and the company has warned that without relief it could be forced to file for bankruptcy protection again.

It had requested a break on $650 million in past service pension contributions as a way to preserve cash.

Flaherty said Ottawa's likely approval comes after mediated discussions between the unions, retirees and management ultimately led to approval by those parties.

THE CANADIAN PRESS

ADVERTISING FEATURE

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Simon Giannini, Broker of Record, Real Estate Centre 2000 Inc., Brokerage, 416.979.0333.

McProfit dips but McCafe drinks boosting sales, McDonald's says

RESULTS McDonald's Corp. said Thursday the stronger U.S. dollar and a gain that boosted results a year ago led its second-quarter profit to dip eight per cent.

The company also said its new espresso-based McCafe drinks had added to sales and help boost market share in the U.S. The drinks are being rolled out to all 14,000 of its U.S. locations — a move heavily promoted in ads during the quarter.

The fast-food chain said net income fell to $1.09 billion US, or 98 cents per share, from $1.19 billion, or $1.04 per share in last year's quarter.

Starbucks, its biggest competitors in the coffee arena, reported a same-store sales dip of six per cent in the U.S. earlier.

THE ASSOCIATED PRESS

GMP, Richardson form powerhouse

MERGER GMP Capital Inc. plans to combine forces with James Richardson & Sons to create Richardson GMP, which will have assets under administration of more than $11 billion amongst 114 investment advisory teams.

James Richardson, a venerable privately held company based in Winnipeg, will own 12 per cent of publicly traded Toronto-based GMP Capital after a series of related transactions, including a purchase of $86 million of GMP common stock.

Richardson GMP will have offices in 17 Canadian cities. THE CANADIAN PRESS

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Ford reports surprise $2.3-billion profit
Ford Motor Co. posted a surprise second-quarter profit of $2.3 billion US Thursday, following its worst loss a year earlier. THE ASSOCIATED PRESS

Celestica sheds jobs

Restructuring will affect 2,000 workers worldwide

Celestica Inc. will eliminate six per cent of its workforce under another major restructuring program aimed at cutting unused manufacturing capacity.

Celestica, which produces electronics for brand-name companies, said the restructuring will affect approximately 2,000 employees worldwide, but wouldn't give any details as to which operations will be affected. It has already consolidated most of its Canadian operations in its Don Mills campus in Toronto.

$5.2M Celestica reported net earnings of $5.2 million US for the quarter ended June 30, down 87 per cent from year-earlier profits of $39.8 million.

Celestica has been restructuring its operations almost continually and has laid off tens of thousands of people since 2001 — mostly in higher cost countries in North America and Western Europe — as it closed factories and moved operations to lower cost places.

The $75-million-to-$100-million US restructuring program announced Thursday will mainly focus on closing "non-core sites" in higher cost locations with the goal of improving operating margins to between 3.5 and four per cent of sales.

THE CANADIAN PRESS

Business in brief

FOOD A move into the doughnut and coffee business by MTY Food Group through its acquisition of Country Style in April helped drive the restaurant franchisor's second-quarter profit and revenue higher. The company behind food-court brands such as Sukiyaki, Thai Express and Vanellis posted a quarterly profit of $2.9 million or 15 cents a share. That's up 24 per cent from $2.35 million or 12 cents a share a year earlier.

THE CANADIAN PRESS

Italian airline's apparent demise puts Bombardier orders at risk

DEMISE Bombardier may be forced to cut its production of commercial jets after an Italian airline's apparent demise raised concerns about orders by other customers, an analyst said Thursday.

Cameron Doerksen of Versant Partners said Bombardier's backlog of an estimated 120 regional jets excluding Italy's My Air isn't large enough to sustain forecasted deliveries unless it wins new CRJ orders in the relative near term.

Italian authorities suspended the licence of the low-cost carrier over concerns about its financial ability to provide services.

Bombardier's firm orders for 15 CRJ1000s account for 23 per cent of the 64 total orders received for the new aircraft.

THE CANADIAN PRESS

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LeBron struggled with fame, smoked pot: Book

LeBron James struggled with sudden fame after appearing on Sports Illustrated's cover as a 17-year-old and admits he smoked marijuana during his junior year in high school. Those are two of the revelations in Shooting Stars, a book chronicling James' rise from Ohio hoops prodigy to NBA superstar. METRO NEWS SERVICES

Sports

Buehrle achieves perfection

Mark Buehrle, left, pitched the first perfect game in the major leagues in five years, leading the Chicago White Sox over the Tampa Bay Rays 5-0 on Thursday. Buehrle (11-3) got a great catch from centre fielder DeWayne Wise leading off the ninth inning to save the bid when he robbed Gabe Kapler of a home run. U.S. President Barack Obama, a White Sox fan, later called Buehrle to congratulate him. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

One foot out the door?

Halladay has a list of teams to which he'll accept a trade: GM

Roy Halladay will make what could very well be his final start for the Toronto Blue Jays Friday and J.P. Ricciardi threw out this nugget for fans to digest beforehand: The team is only looking to trade the ace because he intends to test free agency.

Despite the general manager's protestations to the contrary, Thursday's revelation was big news and should add an interesting dynamic to what sets up as an emotional contest versus the Tampa Bay Rays.

"Doc wanted to test the free agent market. That's the whole reason we're going down this avenue."
J.P. Ricciardi, Blue Jays general manager

"I think I made this clear real early that Doc wanted to test the free agent market. That's the whole reason we're going down this avenue," Ricciardi said after his team's 5-4 loss to the Cleveland Indians.

"This has been a joint venture. This hasn't been like we're out there talking and Doc's not included in the process. He's obviously expressed an interest that when free agency comes up next time, he's going to at least be attracted to trying to see what it is."

Halladay's loyalty and dedication to the organization have never been in doubt, two things that have made him beloved to the long-suffering faithful.

Ricciardi, who also said Halladay had provided him a list of teams he would approve a trade to, seemed to imply that the 2003 Cy Young Award winner had forced his hand, and the reaction when he takes the mound will be intriguing to gauge.

Halladay himself declined to address the matter, saying, "I'm not addressing it, I don't even know what he said. I'll (talk) after I pitch." THE CANADIAN PRESS

DARREN CALABRESE/THE CANADIAN PRESS

With the trade deadline looming, Friday's game against Tampa Bay may be Roy Halladay's last Toronto start as a Blue Jay.

Rzepczynksi battles control problems as Jays lose to Tribe

MLB RESULTS
Cleveland 5 Toronto 4
AT

BASEBALL Shin-Soo Choo ripped a two-run triple in the fifth to end a sloppy outing for rookie left-hander Marc Rzepczynksi as the Cleveland Indians beat the Toronto Blue Jays 5-4 Thursday afternoon in the rubber-match of a three-game set.

Rzepczynksi (1-2), making his fourth big-league start, was again plagued by wildness, walking four batters and hitting another in 4⅓ innings of work. He also gave up three hits, but six strikeouts helped him limit the damage to four runs, two earned.

Aaron Hill clubbed a two-run homer in the bottom of the fifth inning as the Blue Jays (47-49) pulled close, but never got level in their 15th loss in 21 games. They also missed out on another chance to get back to .500 before a crowd of 32,061. THE CANADIAN PRESS

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Kosmo laps up attention at Dog Day

DAVID SINGH
for Metro Toronto

BLUE JAYS Jason Frasor's pet dog will get plenty of attention Sunday at Rogers Centre.

And according to the Blue Jays' reliever, that's exactly how his chocolate Labrador, Kosmo, likes it.

"He loves people," Frasor said of his pooch. "So the more attention he gets, the better. He enjoys it."

Kosmo will be surrounded by many other dogs during Toronto's game against Tampa Bay Sunday, as the ball park hosts its seventh annual Dog Day. The event, which includes a dog parade and a special seating area for canines and their owners, has proved to be popular among dog-loving baseball fans over the years.

This season, Jays' second baseman Aaron Hill and outfielder Adam Lind are also slated to have their dogs in attendance at the ball park.

Kosmo has been part of the Rogers Centre festivities since Frasor got him in 2005. For Frasor and his wife, Laura, the pet also holds a special place in the family.

Jason Frasor

"We don't have kids, so he is kind of like our kid," said Frasor. "We love our dog, man."

Frasor gushes that as a retriever, Kosmo is a natural when it comes to playing fetch. But it's not like the right-handed reliever needs the extra throwing practice. Frasor, 31, has been dominating hitters all year long and is enjoying arguably the best season of his career.

Frasor — who's in his sixth year with Toronto and is the longest tenured reliever in the club's bullpen — boasts an impressive 2.25 ERA and 1.03 WHIP, which are both career bests.

Asked what has accounting for his success this year, Frasor said the answer is simple.

"Throwing strikes is No. 1," said Frasor. "And the second thing, maybe even more important, is I'm a three-pitch pitcher instead of a two-pitch pitcher now."

This past off-season, Frasor added a changeup to his arsenal and has immediately seen results.

If Frasor gets to use the pitch in Sunday's game, though, it's not like Kosmo would notice.

"He'll be too busy (soaking up) the attention," Frasor said with a smile.

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Contador all but assured of Tour victory
Alberto Contador won the final time trial in the Tour de France Thursday, and Lance Armstrong moved up one spot to third place overall. Contador now looks all but assured of his second Tour victory after increasing his overall lead in the 18th stage. METRO NEWS SERVICES

Controversy swirls around Argo camp

CFL Kerry Joseph doesn't know if he' will ever throw another ball to veteran receiver Arland Bruce III, but the Toronto Argonauts quarterback will deal with it either way.

Head coach Bart Andrus didn't bring Bruce to Winnipeg for Friday's game against the Blue Bombers because he's disciplining the six-year Argo for his unprofessional behaviour, which included missed team meetings and leaving his playbook on a plane.

Arland Bruce

To add fuel to the fire, Bruce insulted Andrus and Joseph in media reports after Andrus informed him of his decision Wednesday.

In a Globe and Mail story, Bruce was quoted as saying that "instead of worrying about me, (Andrus) needs to worry about getting the quarterback (Joseph) right and getting on his ass."

"Every man is entitled to his opinion," Joseph said of Bruce's personal attack on Thursday. THE CANADIAN PRESS

Sports in brief

MAPLE LEAFS Former NHLer Dave Poulin is joining the Toronto Maple Leafs front office. Poulin was unveiled Thursday as the club's new vice-president of hockey operations. Best known for his days with the Philadelphia Flyers, where he captained the team from 1984-1990, Poulin played 12 seasons in the NHL with Philadelphia, Boston Bruins and Washington Capitals before retiring at the conclusion of the 1994-95 campaign.

GOLF Four days after his heart-rending playoff defeat to Stewart Cink at Turnberry, Tom Watson shot a 3-under 67 on Thursday to begin his pursuit of a fourth Senior British Open title. The 59-year-old Watson, who almost became the oldest major champion at the British Open last weekend, was tied for sixth place, three shots behind leader Fred Funk. Funk was among the last finishers and birdied the last two holes for a 6-under 64, the lowest first-round score in the history of the championship.

MLS David Beckham offered no explanations or apologies for the way he confronted an angry group of Los Angeles Galaxy fans. Beckham confronted Galaxy fans in a group called the L.A. Riot Squad during Sunday night's 2-2 exhibition tie with AC Milan. At halftime, Beckham walked toward the group while shouting and pointing. He challenged fans to meet him on the field and tried to lift himself over advertising boards before security intervened. Police arrested a fan who left the stands.

LAWSUIT Former Detroit Red Wings star Sergei Fedorov says a man entrusted to manage his money during the past 11 years swindled him out of $43 million US. In a lawsuit filed Thursday in Michigan's Wayne County Circuit Court, Fedorov says Joseph Zada also broke a promise to repay him $60 million by April 20.

BOXING David Haye announced Thursday he had signed a contract to challenge Nikolai Valuev for the WBA heavyweight title on Nov. 7. Although no venue has yet been fixed, the fight is expected to take place in Germany. METRO NEWS SERVICES

Na takes lead at Canadian Open

A birdie binge in the fading light gave Kevin Na the early lead at the RBC Canadian Open.

The American made birdie at his last five holes and completed his round just before play was halted Thursday, finishing with a scorching 9-under 63 at Glen Abbey.

That was good enough for a two-shot lead over Scott Verplank, Retief Goosen and Joe Durant.

Canadian scores

- Mike Weir of Bright's Grove, Ont., finished with a 1-under 71.
- Ian Leggatt of Cambridge shot a 2-over 74.

Heavy rain delayed the first round for more than seven hours and left the course soft and defenceless when play resumed in the late afternoon.

Na finished with a 28 on his back nine and matched Vijay Singh for the lowest nine-hole score ever in the history of the Canadian Open. Singh accomplished that feat in 2004 on the same nine. THE CANADIAN PRESS

Base-brawl trial

A minor-league pitcher accused of throwing a baseball that injured a fan in Ohio testified Thursday that he threw the ball downward toward a dugout to try to keep opposing players from rushing the field during an on-field melee. Julio Castillo, 22, of the Dominican Republic, has pleaded not guilty to felonious assault. METRO NEWS SERVICES

Roethlisberger to fight allegations

FOOTBALL Pittsburgh Steelers quarterback Ben Roethlisberger promised Thursday to fight a Lake Tahoe casino hostess' rape allegations against him, calling them "false and vicious."

Roethlisberger was served with a civil lawsuit last weekend when he returned to Lake Tahoe, where the 31-year-old woman — a Canadian who lives in Nevada — alleges the quarterback raped her in a hotel penthouse in July 2008. Roethlisberger was in Nevada on both occasions to compete in a celebrity golf event.

The woman did not file a criminal complaint.

THE ASSOCIATED PRESS

Diver Despatie digs deep

Alex Despatie hates to lose and you have to love that. At the world aquatics championships in Rome, Italy, Thursday, Despatie won a bronze medal on the three-metre springboard behind divers from China and the United States, his second medal of the championships, but there was no celebration — no claim that he's over the moon with the result.

"There wasn't anything really spectacular today," Despatie deadpanned in the aftermath. "There certainly wasn't from me anyways."

Indeed, Canada's king of the deep, the most decorated diver in this country's history, was very good, but not up to his often spectacular standards. With one dive left to deliver and ranking second he had a world championship title within his grasp, but came up slightly short. He was forced to settle for third place and the eighth medal of his illustrious world championship career to go along with two silver medals in Olympic competition.

"I guess I'm on the podium," he shrugged. "But the London Olympics are very far away, so I won't take too much from the result today."

It's been a difficult couple of years for Despatie. He fought back from a broken bone in his foot to win a dramatic silver medal in Beijing last summer. This competitive year has been a near washout because of his struggle with an aching back. Still, he sets his jaw and loves to compete in pressure-filled situations and that's been his trademark since winning a Commonwealth Games title in 1998 in Malaysia as a tiny 13-year-old.

AL BELLO/GETTY IMAGES

Alexandre Despatie receives the bronze medal Thursday in the men's three-metre springboard during the 13th FINA World Championships at Stadio del Nuoto in Rome, Italy.

"He's the most prolific diver ever in Canada, bar none," said Penny Joyce, the head of Diving Canada. "He feels like he's a veteran now, but he's got a lot left in him … trust me."

At 24, Despatie has been at or near the top of his game for more than a decade and suddenly he's the senior diver on the team. He's led the way for a long time and he's bound to keep paving the way in the future. This time he was forced to settle.

"I got a bronze medal, so I guess I can't be mad about that," Despatie shrugged.

But he clearly was angry and that's probably a good sign.

Alex Despatie will likely resurface as the monarch of the diving world someday soon.

Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. He has covered professional and amateur sports including nine Olympic games and numerous world championships.

Visit metronews.ca/movies to get showtimes, watch trailers and read reviews.

Movies&Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Better Butler

Pg 24

From the macho action hero antics of 300, to pseudo-hip fluff like RocknRolla, Gerard Butler is a seriously strong screen presence. In The Ugly Truth he proves that he also has a great sense of comic timing. But maybe he belonged in a better movie.

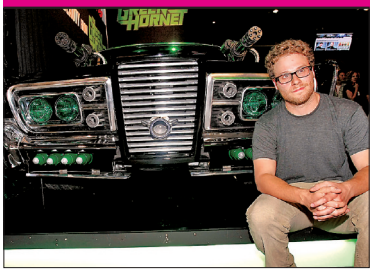
Movies Pg 24

Orphan's star will spook you silly — yes, she's that good.

Music Pg 32

Our Lady Peace rebounds, this time as an indie band.

Entertainment Pg 34



Comic Con reveals new goodies at "Nerd Prom."

At a glance
The Ugly Truth ⊕⊕½, G-Force ⊕⊕, Orphan ⊕⊕⊕, The Girl From Monaco ⊕½, Humpday ⊕⊕⊕, Rocksteady ⊕⊕⊕, Soul Power ⊕⊕⊕, Surveillance ⊕, The Beaches Of Agnes ⊕⊕⊕½

Movies

⊕⊕⊕⊕⊕ A CLASSIC; ⊕⊕⊕⊕ EXCELLENT; ⊕⊕⊕ GOOD; ⊕⊕ FAIR; ⊕ POOR

G-Force usual kiddie fare

G-Force
Director: Hoyt Yeatman
Stars: Sam Rockwell, Tracy Morgan, Penelope Cruz
Classification: PG
Rating: ⊕⊕

DOROTHY ROBINSON
Metro World News

REVIEW If the thought "You know what I could really use to entertain me? A Jerry Bruckheimer flick about guinea pigs who are secretly government spies," has never crossed your mind, then you could probably skip G-Force.

But in all honesty, you could do worse than the Disney kiddie flick, based on the simple fact that the 3-D graphics are so cool. After seeing it, you can die happy knowing that you ducked at a fake rodent who wears an electronic ear gadget that makes him resemble a furry Old Navy employee.

Like, when did you ever, ever think that would happen?

Sadly, the savvy human cast of the film — Zach Galifianakis, Will Arnett, Bill Nighy — probably never thought they would be attempting to act in such a film.

And although the movie isn't too tragically embarrassing, you have to wonder if they're just slightly jealous of Sam Rockwell, Penélope Cruz, Nicolas Cage and Tracy Morgan, who were lucky enough to hide their faces behind their animated rodents.

• For G-Force photos, a trailer, and screen times, or to buy tickets , visit metroenews.ca/movies.

Gerard Butler and Katherine Heigl get up close and very personal in the romantic comedy The Ugly Truth.

As Ugly as they come

The Ugly Truth
Director: Robert Luketic
Stars: Katherine Heigl, Gerard Butler
Classification: STC
Rating: ⊕⊕½

CHRIS ALEXANDER
for Metro Canada

If you're going to call your film The Ugly Truth then you better be sure it's a masterpiece because if it's not, every film critic who lays eyes upon it will simply stand back and let the title review itself.

And make no mistake, the skinny on this pedestrian rom-com migraine-maker ain't terribly pretty.

Grey's Anatomy sexpot Katherine Heigl stars as Abby, a TV morning show producer who gets her feathers ruffled by Mike, played by Gerard Butler, a knuckle dragging hunk who has been hired on as an on-air love advice columnist.

Mike's claim to fame is that he swears to tell "the ugly truth" about male/female relations; lurid from the hip wisdom with little care placed on who he might offend. But although Abby generally loathes her popular star's sexist ramblings, she decides to take a page out of Cyrano De Bergerac and use him to help her get with her neighbour.

This being the sort of movie it is, guess who she really ends up with...

On the web

• For movie trailers, photos and screen times — or to buy tickets — visit metronews.ca/movies.

From tender roles in stuff like the underrated Dear Frankie, to the macho action hero antics of 300, to pseudo-hip fluff like Rockn-Rolla, Butler is a seriously strong screen presence and here he proves that he also has a great sense of comic timing.

Watching him spew out cheerfully rude vulgarites, smirking and smoldering is amusing and hints at the go for the throat picture screenwriters Nicole Eastman and Karen McCullah were trying for. The character (and the actor) belongs in a better film.

Director Robert Luketic (Monster In-Law) never finds the right tone to make any of the faux-screwball shenanigans anything more than an exercise in forced, fast talking (and filthy) foolishness. Even Heigl, so endearing in equally smut-lite comedies like Knocked Up can't save it and genuine laughs are few and far between (though an over the top scene featuring Heigl and a pair of electric panties is pretty funny… again, if only it were in a better, braver film). Raunchy but safe and predictable, The Ugly Truth just ends up being unlikable. And Ugly. That's the truth.

Child actor fiery presence in Orphan

Orphan
Director: Jaume Collett-Serra
Stars: Vera Farmiga, Peter Sarsgaard
Classification: STC
Rating: ⊕⊕⊕

NED EHRBAR
Metro World News

REVIEW The latest addition to the canon of creepy kid characters is a doozy: Esther, the titular ward of Orphan, is poised, polite, preternaturally talented and dresses like an American Girl doll. And then there's that creepy stare, which sends chills down the spine when it transforms into a glare.

Do not cross Esther. Isabelle Fuhrman, who plays Esther, is terrifyingly good. In fact, she's the best thing about Orphan by far.

Not to give anything away, but the movie doesn't really come alive until Esther starts glaring and people start ending up in the hospital. Until then, it's a long, long bout of set-up and false starts. Vera Farmiga plays a guilt-ridden Connecticut mother of two whose drinking caused the death of her unborn third child. Haunted by nightmares and just generally mopey, she assures her husband (Peter Sarsgaard) that she's ready to try again, this time looking to bring a child into their home via adoption.

Surrounding the complex portrait of a yuppie marriage disintegrating, there's still a scary movie to get to. Unfortunately, the filmmakers rely on cheap scares and misdirection to get there. But most complaints are easily forgotten when Fuhrman is onscreen. Seriously, she's that good.

• For Orphan images, a trailer, screen times, or to buy tickets, visit metronews.ca/movies.

Isabelle Fuhrman, right, plays the titular role in Orphan.

Bruce Lee trilogy in works

Bruce Lee's family will produce a trilogy about his life. The late martial arts actor will have his life turned into a three-part blockbuster series by loved-ones who want to pay tribute to the star. **FEMALEFIRST.CO.UK**

Agnes an intimate portrait of legend

The Beaches of **Agnes**

Director: Agnes Varda
Stars: Agnes Varda
Classification: STC
Rating: ⊕⊕⊕½

PHIL BROWN
for Metro Canada

REVIEW This latest film from French New Wave legend Agnes Varda (Cleo From 5 to 7) is an experimental autobiographical documentary.

In theory it should be self-indulgence of the highest order, but somehow the movie is a very intimate, revealing, and entertaining affair that stands as one of the director's finest works.

It's a truly odd film, classified as a documentary purely because it doesn't feature a scripted story or actors. The entire project is staged and stylized, but what else could be expected from a filmmaker known for as much formal experimentation as Varda?

The movie opens with Varda filling a beach with mirrors to stage a variety of reflections of herself. Immediately the director's intent is clear: The movie is a revealing self-portrait, but one that is every bit as constructed as the director's "fictional" work.

What follows is a tapestry of staged scenes, old photographs, footage from the filmmaker's work, interviews, and the occasional candid moment.

The movie feels like a self-conscious swansong with the director revealing every detail about her life and combining every filmmaking technique she's learned for one final project.

It shouldn't work, but does as a result of Varda's admirable honesty and talent.

At 80, Varda is clearly in a reflective mode and uses the film to show her audience that her greatest story was in fact her own. Corny, but true.

Humpday hits mark

Humpday

Director: Lynn Shelton
Stars: Mark Duplass, Joshua Leonard
Classification: STC
Rating: ⊕⊕⊕⊕

STEVE GOW
for Metro Canada

Have you ever made a pact with someone you instantly regretted? Did you ever feel innately obligated to carry through on that contract at whatever cost? If so, you probably still have nothing on the characters in Humpday.

Joshua Leonard and Mark Duplass play old buddies in Humpday.

When a bearded bohemian (Joshua Leonard) suddenly pops back into the settled life of his now-married college pal (Mark Duplass), the pair find themselves at an impromptu party where the topic turns to Humpfest, an amateur porn festival (which actually exists!).

Inebriated and not thinking clearly, the duo agrees to participate in the ultimate art film — two straight dudes having sex. It's not gay, we're told, it's "beyond gay."

In a traditional comedy, this is where the movie would begin to overstate the protagonists' heterosexuality to coerce all sorts of situational gags, Three's Company-style. However, filmmaker Lynn Shelton is luckily more concerned with exploring the inner battles of insecurity, identity and the insanity of the male ego.

As the film builds toward the uncertainty of the climax, Shelton expertly captures both characters' struggle with self-conceptions and their own male stubbornness to not be The One That Backed Out.

As one character says on the eve of the act, if they were gay, "Tomorrow would be more fun.

Heavily improvised, the performances are convincing, powerful and provide this comedy the gravitas and subtle charm it needs to hurdle over its own high-concept. Simply put, Humpday successfully takes the male-comedy to places that films like I Love You, Man dare not go.

One shocking travesty

Surveillance

Director: Jennifer Lynch
Stars: Bill Pullman, Julia Ormond
Classification: STC
Rating: ⊕

ADAM NAYMAN
for Metro Canada

Bill Pullman and Julia Ormond star in Surveillance.

REVIEW Jennifer Lynch's debut feature Boxing Helena (1993) was a psychodrama about a woman whose lover amputated her limbs in an attempt to keep her close — a gender-switched remake of Misery by way of Bunuel.

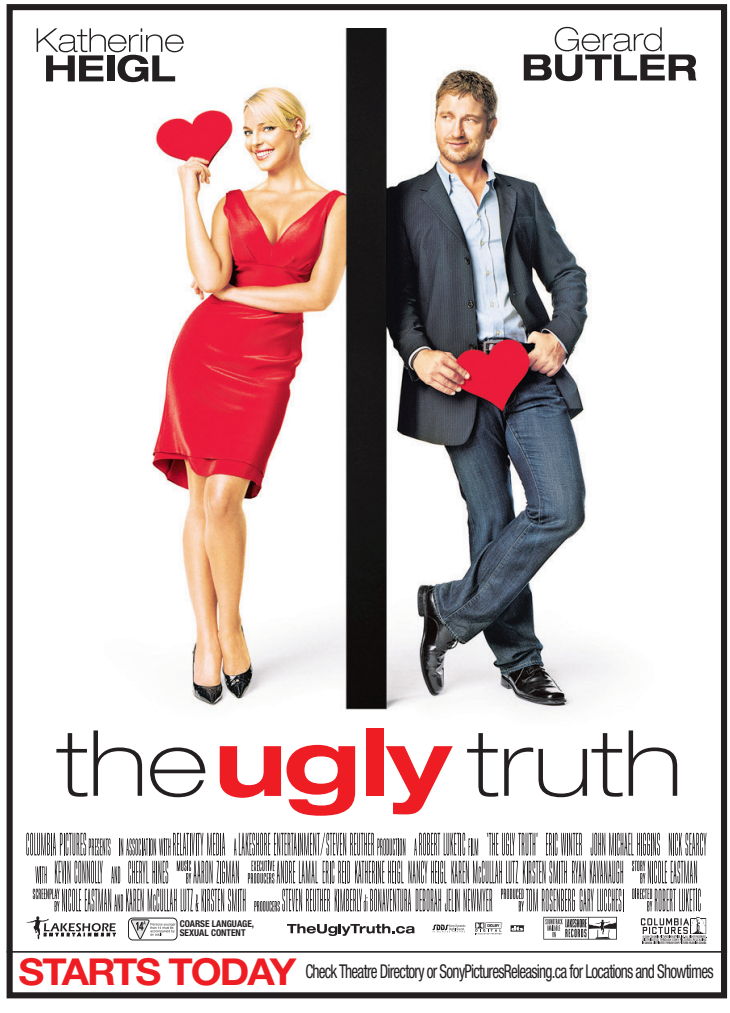
It was a premise so sensational that original star Kim Basinger backed out of the project, resulting in a successful breach of contract suit filed by the film's producers.

Most agreed that having Boxing Helena off of her resume was easily worth seven million dollars to Basinger, who would go on to win an Oscar for LA Confidential. But there are no such worries for the stars of Lynch's follow-up, Surveillance.

Neither Bill Pullman nor Julia Ormond — playing a pair of FBI agents mopping up after mad-dog serial killers somewhere in the American heartland — have anything to lose career-wise. Actually, former "it girl" Ormond, who also appeared in Lynch's father David's recent Inland Empire, does some impressive work here, giving her potential stock character some sharp edges.

Alas, that's the only nice thing to say about the film: Lynch's shotgun marriage of mid-'90s indie-thriller tropes (flashback structure, twist ending) and would-be outre shock tactics blows up in her face (and ours).

More disturbing than the graphically rendered violence (and there is plenty of it) is the suggestion that the invariably unpleasant characters deserve their brutal fates. In addition to being a better film, Boxing Helena is, by comparison, a masterpiece of compassion and restraint.



Twilight fashion online

As photos from New Moon get Twilight fans' pulses racing, there is a stylish new way to show your anticipation for the upcoming film. The exclusive Nordstrom collection of Twilight-inspired fashion will be available at nordstrom.com in October. **PEOPLE.COM**

Many musicians participate in the documentary Rocksteady: The Roots of Reggae.

Rocksteady solid intro to genre

Rocksteady: **The Roots of Reggae**

Director: Stacha Bader
Classification: STC
Rating:

ADAM NAYMAN
for Metro Canada

Stascha Bader's documentary frames its titular song-style as the bridge between more widely recognized movements like ska and reggae.

Those who think that the history of Jamaican music begins (and ends) with Bob Marley would do well to check out Rocksteady:

Rocksteady sounds very much like its name suggests — a sturdy, easy beat tailor-made for swaying — but it came out of a tumultuous period in Jamaican history.

Through a combination of interviews and archival footage, Bader illustrates how the island nation's official independence from Britain in the early 1960s and the subsequent rise of Rastafarianism gave rise to a new rhythmic form.

It also reunites a number of the genre's original practitioners and gives them a chance to strut their stuff.

Bader could not have made the film without the participation of several dozen singers legends gathered for a concert in Kingston; in addition to offering their reflections on the past, these performers show that they're still very potent in the present.

The songs are in some cases more familiar than the performers, but it's doubtful that anyone will be thinking of Boney M when they hear Rivers of Babylon as interpreted by the venerable Hopeton Lewis (Marcia Griffith's rendition of The Tide is High wrestles Blondie to a draw).

Rocksteady does meander at times (as in a compelling but superfluous sequence featuring Bob Marley's wife, Rita), but it serves as a valuable introduction to a valuable musical genre.

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THE GLOBE AND MAIL — Liam Lacey

"★★★★ (Out of Four)
START THE OSCAR DRUMBEATS NOW."
TORONTO STAR — Peter Howell

"★★★★
THE SUMMER'S MOST STUNNING AND SUSPENSEFUL ACTION MOVIE."
EYE WEEKLY — Jason Anderson

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Soul Power all about the music

Soul **Power**

Director: Jeffrey Ley-Hinte
Stars: James Brown, B.B. King
Classification: STC
Rating:

PHIL BROWN
for Metro Canada

REVIEW Don King's epic Rumble In The Jungle boxing match in Africa between Muhammad Ali and George Foreman has become the stuff of legend. Vividly documented in the excellent film When We Were Kings, the fight is viewed as the pinnacle of Muhammad Ali's career and the multicultural spectacle is inarguably the highpoint of Don King's controversial life.

In addition to the boxing match, King also organized a massive three-day concert that brought the finest African American musicians of the time to Africa. The concert has always been overshadowed by the fight, but Soul Power rescues the event from unjustified obscurity, editing together hundreds of hours of footage into one soul-filled cinematic spectacle.

The movie is directed by Jeffrey Ley-Hinte, who presumably stumbled on the concert footage while he was working as an editor on When We Were Kings. Cameras covered all aspects of the festival, from the complicated planning, to the joyous flight the musicians made to Africa, to the concert itself.

Considering how much film was shot at the time, it's surprising that decades passed before it was ever properly edited. But now that Soul Power has finally hit screens, it makes for a quite interesting time capsule.

The musical performances by the likes of James Brown, B.B. King, Bill Withers, Miram Makeba, and Celia Cruz are as impressive as you'd imagine, with all the musicians working at the peak of their powers.

However, the most interesting aspect of the documentary is how optimistic the performers are about the advancement of African-American culture. Only Muhammad Ali voices any sort of anger about race relations (and justifiably so).

The movie catches all of these major talents during a great moment of hope and their joy is infectious.

Raimi aboard Warcraft
Sam Raimi has signed on to direct Warcraft, a film version of the long-running game series, including insanely popular massively-multiplayer-online-role-playing-game World of Warcraft. EMPIREONLINE.COM

Reel Time

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Nothing compelling about Girl from Monaco

The Girl from Monaco
Director: Anne Fontaine
Stars: Fabrice Luchini, Roschdy Zem
Classification: STC
Rating:

STEVE GOW
for Metro Canada

A scene from The Girl from Monaco.

REVIEW In The Girl From Monaco, Fabrice Luchini plays Bertrand, a high-profile lawyer defending a wealthy woman accused of murder. There's just one problem: the sexy, local TV weathergirl may be zapping his concentration.

And that's sort of it. Sure, there's the stern bodyguard (Roschdy Zem) that Bertrand befriends despite his mysterious sexual past with the ditzy meteorologist (Louise Bourgoin). But otherwise, this French comic-thriller doesn't cross-examine much new material.

In fact, where the potential lies for great suspense (we're reminded occasionally that the Mafia wants Bertrand killed), the adventure never really arrives just as the laughs never fully materialize, Luchini's frequent stupefied expression notwithstanding.

I appreciate that director Anne Fontaine wants to establish that obsession can ruin people's lives, however in the end, I'm not sure what's supposed to be so compelling about the girl from Monaco. Yes, she's beautiful, sexually-playful even, but would it have hurt to make her at least slightly more interesting than a bag of stale croissants?

Meet the real rat pack

InFocus
Richard Crouse
metronews.ca/infocus

Michael Jackson topped the charts with Ben, possibly the only love song to a rat ever released.

Popular culture has frequently paid homage to the lowly rodent. Remember Muskrat Love, Captain & Tennille's ode to arvicoline amour?

"Rubbin' her toes," they sang, "Muzzle to muzzle, anything goes." The rodentia rock roundup doesn't stop there, though.

The Chipmunks had a chart topper with Witch Doctor, Frank Zappa named not one but two albums — Weasels Ripped My Flesh and Hot Rats — after little furry creatures, and even Michael Jackson rode to the top of the charts on a rat's back with the tune Ben, possibly the only love song to a rat ever released.

Rodents certainly have left their mark on the pop charts and in movie theatres. This weekend G-Force hopes to do for guinea pigs what March of the Penguins did for tuxedo clad furry birds.

G-Force is just the latest in a long line of movies with rodents in featured roles. Who could forget Mr. Gopher, the burrowing terror from Caddyshack? (Did you know the movie's gopher "voice" is made up of the same dolphin sound effects used on Flipper?)

Or Rizzo the Rat, the streetwise New Jersey puppet from The Muppets Take Manhattan and possibly the only kid's character named for Enrico (Ratso) Rizzo, a character in the X-rated Midnight Cowboy.

Those fuzzy actors, along with Despereaux Tilling, Fievel Mousekewitz and the gang from Once Upon a Forest have sold loads of tickets, but likely none would have made much of an impression if not for the pioneering work of the world's most famous rodent, Mickey Mouse. Created in 1928 by Walt Disney and Ub Iwerks, Mickey is one of the most recognizable movie stars in the world. He's an Oscar winner with 175 movies, shorts and videogames on his CV; and was the first cartoon character to have a star on the Hollywood Walk of Fame.

Mickey's fame endures, but why? "We felt that the public, and especially the children, like animals that are cute and little," said Walt Disney. "When people laugh at Mickey Mouse, it's because he's so human."

Richard Crouse's Movie Show can be seen every Sunday at 6:30 p.m. on the E! Channel; mrchaos33@hotmail.com.

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Roger Ebert, CHICAGO SUN-TIMES
"GRADE: A."
Owen Gleiberman, ENTERTAINMENT WEEKLY
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Screen Times

This week's new releases are highlighted in pink.

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 24 TO THURS., JULY 30. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

DOWNTOWN

BLOOR THEATRE
506 Bloor St., 416-516-2330

Army of Darkness (STC) Sun 7
At Midnight I'll Take Your Soul (STC) Mon 9:30
The Big Lebowski (14A) Tue 4:30 Wed 9:20
The Big Sleep (STC) Wed 7 Thu 4:30
The Brothers Bloom (PG) Fri 4:30 Sat 7 Wed 4:30
Ethiopian Film 522 (STC) Sun 4
The Hangover (14A) Fri 9 Sat 9:30 Mon 4:30 Tue 9
Indiana Jones and the Last Crusade (STC) Sat 2 Mon 7
Ladies and Gentlemen, the Rolling Stones (STC) Sat 11:45
Little Ashes (18A) Thu 9:30
Rashomon (STC) Fri 7 Sat 4:45 Sun 2 Tue 7
Stop Making Sense (STC) Fri 11:55
Team America: World Police (18A) Sun 9:30

CARLTON
20 Carlton St., 416-598-2309

Away We Go (14A) Fri-Thu 1:35-4:25-7-9:25
Chéri (14A) Fri-Thu 1:40-4:30-7:15-10
Departures (Japanese w/e.s.t.) (14A) Fri-Thu 1:30-4:10-6:50-9:30
Empties (Czech w/e.s.t.) (14A) Fri-Thu 1:55-4:20-7:10-9:20
Every Little Step (PG) Fri-Thu 2:15-4:45-7:30-9:50
Moon (14A) Fri-Thu 2:10-4:40-6:45-9:10
Rocksteady: The Roots of Reggae (STC) Fri-Thu 2:05-4:35-7:20-9:45
The Stoning Of Soraya M. (Persian and English w/e.s.t.) (14A) Fri-Thu 1:50-4:15-7:05-9:40
Whatever Works (14A) Fri-Thu 1:45-4-6:40-9:15

CUMBERLAND CINEMAS
159 Cumberland Ave., 416-646-0444

Food, Inc. (PG) Fri-Thu 1-4-6:45-9:15
The Girl From Monaco (French w/e.s.t.) (STC) Fri-Thu 1:30-4:30-7:15-9:45
Humpday (18A) Fri-Thu 1:15-4:15-7-9:30
Summer Hours (French w/e.s.t.) (14A) Fri-Thu 1:45-4:45-7:30-10

SCOTIABANK THEATRE
259 Richmond St., 416-368-5600

(500) Days of Summer (PG) No Passes Fri-Tue 1:10-4-7:20-9:50 No Passes Wed-Thu 1:10-4:15-7:20-9:50
G-Force (STC) No Passes Fri-Thu 12:15-2:40-5:10-7:45-10:10
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:10-4:40-7:10-9:40
The Hangover (14A) Fri-Tue 1:20-4:30-7:50-10:40 Wed-Thu 1:20-4:50-7:50-10:40
Harry Potter and the Half-Blood Prince (PG) No Passes Fri 12:50-3-4:20-6:40-8-10:15 No Passes Sat 12-12:50-3:30-4:20-7:15-8-10:45 No Passes Sun 11:30-12:50-3-4:20-6:40-8-10:15 No Passes Mon-Tue 12:50-3-4:20-6:40-8-10:15 No Passes Wed 12:30-1-4-4:30-6:30-7:30-8-10:45 No Passes Thu 1-3-4:30-6:30-8-10 No Passes Fri 12-3:30-7:15-10:45 No Passes Sat 11:30-3-6:40-10:15 No Passes Sun-Tue 12-3:30-7:15-10:45 No Passes Wed 3-10 No Passes Thu 12:30-4-7:30-10:45
Harry Potter and the Half-Blood Prince: The IMAX Experience (PG) No Passes Wed-Thu 12-3:30-7-10:30
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Tue 12:10-3:20-6:20-9:10 Wed 12:10-6:20-9:10 Thu 12:10-3:40-6:20-9:10
Metropolitan Opera: Eugene Onegin (STC) Sat 12
The Proposal (PG) Fri 12:30-3:50-6:30-9:20 Sat 3:50-6:30-9:20 Sun 12:30-3:50-6:30 Mon-Tue 12:30-3:50-6:30-9:20 Wed-Thu 12:45-3:50-6:40-9:20
Public Enemies (14A) Fri-Sat 12:20-3:40-6:45-10 Sun 12:20-3:40-10 Mon-Tue 12:20-3:40-6:45-10 Wed 12:20-3:20-10:15 Thu 12:20-3:20-6:45-10:15
Transformers: Revenge of the Fallen (PG) Fri-Tue 12:40-4:15-7:40-10:50 Wed-Thu 12:40-4:20-7:40-10:50
Transformers: Revenge of the Fallen: The IMAX Experience (PG) Fri-Tue 12-3:30-7-10:30
The Ugly Truth (14A) No Passes Fri-Tue 11:50-1-2:30-4:10-5-6:50-7:30-9:30-10:20 No Passes Wed-Thu 11:50-12:50-2:30-4:10-5-6:50-7:30-9:30-10:20
WWE Night of Champions 2009 (STC) Sun 8

MARKET SQUARE
80 Front St., 416-494-9371

Brüno (18A) Fri 1:10-3:10-5:20-7:20-9:25-11:15 Sat-Mon 1:10-3:10-5:20-7:20-9:25 Tue 1:10-3:10-5:20-7:20-9:25-11:15 Wed-Thu 1:10-3:10-5:20-7:20-9:25
G-Force (STC) Fri 1-3-5-7-9-11 Sat-Mon 1-3-5-7-9 Tue 1-3-5-7-9-11 Wed-Thu 1-3-5-7-9
The Hangover (14A) Fri 1:20-3:50-7:10-9:35-11:30 Sat-Mon 1:20-3:50-7:10-9:35-11:30 Wed-Thu 1:20-3:50-7:10-9:35
Harry Potter and the Half-Blood Prince (PG) Fri-Thu 12:30-3:30-6:30-9:30
Orphan (14A) Fri 12:50-3:40-6:50-9:20-11:40 Sat-Mon 12:50-3:40-6:50-9:20 Tue 12:50-3:40-6:50-9:20-11:40 Wed-Thu 12:50-3:40-6:50-9:20
The Ugly Truth (14A) Fri 12:40-2:50-5:10-7:15-9:15-11:20 Sat-Mon 12:40-2:50-5:10-7:15-9:15 Tue 12:40-2:50-5:10-7:15-9:15-11:20 Wed 12:40-2:50-5:10-7:15-9:15 Thu 2:50-5:10-7:15-9:15 Thu 1

THE ROYAL
608 College St., 416-466-4400

The Beaches of Agnès (STC) Fri-Sat 7 Sun 4:30-7 Mon-Thu 7-9:15
The Room (STC) Fri 11:30
Valentino: The Last Emperor (PG) Fri-Sun 9:15

VARSITY
55 Bloor St. W., 416-961-6304

(500) Days of Summer (PG) No Passes Fri-Thu 12:10-2:30-4:50-7:20-9:50
Away We Go (14A) Fri-Thu 12:35-2:45-5:05-7:05-9:25
Brüno (18A) Fri-Thu 12:40-2:50-5:10-7:30-10
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 11:50-3:10-6:50-10:15 No Passes Fri-Thu 12:05-3:15-6:25-9:35
The Hurt Locker (14A) Fri-Thu 12-3:20-6:30-9:40 Fri-Thu 12:15-3:05-6:15-9:05
The Proposal (PG) Fri-Sun 1:20-3:50-6:20-9 Mon 1:20-9 Tue-Wed 1:20-3:50-6:20-9 Thu 1:20-3:50
Public Enemies (14A) Fri-Tue 12:30-3:40-7:10-10:30 Wed 12:30-3:40-10:30 Thu 12:30-3:40-7:10-10:30
Transformers: Revenge of the Fallen (PG) Fri-Tue 12:20-3:30-7-10:20 Wed 12:20-3:30-7 Thu 12:20-3:30-7-10:20
The Ugly Truth (14A) No Passes Fri-Thu 12:30-3-5:20-7:40-10:10 No Passes Fri-Mon 12:25-2:35-4:55-7:25-9:45 No Passes Tue 12:25-2:35-4:55-9:45 No Passes Wed-Thu 12:25-2:35-4:55-7:25-9:45

CANADA SQUARE
2200 Yonge St., 416-646-0444

Angels & Demons (14A) Fri 4:10-7:05-10 Sat-Sun 1:20-4:10-7:05-10 Mon-Thu 4:10-7:05-10
The Hurt Locker (14A) Fri 4:30-7:20-10:10 Sat-Sun 1:10-4:30-7:20-10:10 Mon-Thu 4:30-7:20-10:10
Il Divo (Italian w/e.s.t.) (PG) Fri 4:05-6:55-9:55 Sat-Sun 1:30-4:05-6:55-9:55 Mon-Thu 4:05-6:55-9:55
My Sister's Keeper (PG) Fri 4:20-6:50-9:45 Sat-Sun 1:50-4:20-6:50-9:45 Mon-Thu 4:20-6:50-9:45
Public Enemies (14A) Fri 4:15-7:15-10:15 Sat-Sun 1:15-4:15-7:15-10:15 Mon-Thu 4:15-7:15-10:15
Soul Power (PG) Fri 4:40-7:30-9:50 Sat-Sun 1:40-4:40-7:30-9:50 Mon-Thu 4:40-7:30-9:50
Transformers: Revenge of the Fallen (PG) Fri 4-7:10-10:20 Sat-Sun 1-4-7:10-10:20 Mon-Thu 4-7:10-10:20
Up (PG) Fri 4:25-6:45-9:30 Sat-Sun 2-4:25-6:45-9:30 Mon-Thu 4:25-6:45-9:30

MT. PLEASANT THEATRE
675 Mt.Pleasant Rd., 416-489-8484

Moon (14A) Fri-Sat 9:30 Sun 4:30 Tue 9:15 Thu 9:15
Tokyo Sonata (PG) Fri-Sun 7 Tue-Thu 7

REGENT THEATRE
551 Mt.Pleasant Rd., 416-480-9884

Easy Virtue (PG) Fri-Sat 7 Sun 4:30 Tue-Thu 7
Gomorrah (14A) Fri-Sat 9 Sun 7 Thu 9

YONGE-EGLINTON CENTRE
2300 Yonge St., 416-544-1236

Brüno (18A) Fri 2:20-5:15-7:50-10:30 Sat-Sun 12:15-2:45-5:10-7:50-10:30 Mon-Thu 2:20-5:15-7:50-10:30
G-Force in Disney Digital 3D (STC) No Passes Fri 12:15-2:40-5-7:30-10:10 No Passes Sat-Sun 11:40-2:10-4:40-7:10-9:40 No Passes Mon-Thu 12:15-2:40-5-7:30-10:10
The Hangover (14A) Fri 2-4:45-7:40-10:15 Sat-Sun 1-3:45-7:40-10:15 Mon-Thu 2-4:45-7:40-10:15
Harry Potter and the Half-Blood Prince (PG) No Passes Fri 3-6:30-10 No Passes Sat-Sun 11:30-3-6:30-10 No Passes Mon-Tue 3-6:30-10 No Passes Wed 4:30-8 No Passes Thu 3-6:30-10 No Passes Fri-Thu 12-3:30-7-10:30 Star & Strollers Screening, No Passes Wed 1
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri 12:45-3:15-6:50-9:30 Sat-Sun 11:50-2:20-4:50-7:20-9:50 Mon-Thu 12:45-3:15-6:50-9:30
Orphan (14A) No Passes Fri 1:15-4:15-7:20-10:20 No Passes Sat-Sun 12:45-4-7:15-10:20 No Passes Mon-Thu 1:15-4:15-7:20-10:20
The Proposal (PG) Fri 12:30-3:45-6:40-9:30 Sat-Sun 12:30-3:15-6:45-9:30 Mon-Thu 12:30-3:45-6:40-9:30
The Ugly Truth (14A) No Passes Fri 1:30-4-7:10-9:40 No Passes Sat 12:15-2:30-5-7:30-10:10 No Passes Sun 11:45-2:30-5-7:30-10:10 No Passes Mon-Thu 1:30-4-7:10-9:40

YONGE & DUNDAS 24
10 Dundas St East, 416-977-2642

Angels & Demons (14A) Fri-Sat 4:35-7:30-10:30 Sun 11:45-2:55-6:20-9:20 Mon-Thu 2:55-6:20-9:20
Away We Go (14A) Fri-Sun 12:05-2:20-4:45-7:25-9:50 Mon-Thu 2:20-4:45-7:25-9:50
Brüno (18A) Fri-Sat 10:45-11:30-12-12:30-1-1:45-2:15-2:45-3:15-4-4:30-5-5:45-6:15-6:45-7:15-8-8:30-9-9:30-10-10:45 Sun 10:45-11:30-12-12:30-1-1:45-2:15-2:45-3:15-4-4:30-5-5:45-6:15-6:45-7:15-8-8:30-9-9:30-10-10:30 Mon-Thu 12:30-1-1:45-2:15-2:45-3:15-4-4:30-5-5:45-6:15-6:45-7:15-8-8:30-9-9:30-10-10:30
Drag Me to Hell (14A) Fri-Sun 12:05-5:05-10:15 Mon-Thu 5:05-10:15
The Hurt Locker (14A) Fri-Sun 10:45-1:30-4:30-7:30-10:30 Mon-Thu 1:30-4:30-7:30-10:30
I Love You, Beth Cooper (14A) Fri-Sun 12:10-2:50-5:25-7:55-10:25 Mon-Thu 2:50-5:25-7:55-10:25
Moon (14A) Fri-Sun 12:10-2:35-5:15-7:50-10:20 Mon-Thu 2:35-5:15-7:50-10:20
My Sister's Keeper (PG) Fri-Sun 11:10-12:15-1:40-2:40-4:25-5:25-7:05-8:05-9:55-10:45 Mon-Thu 1:40-2:40-4:25-5:25-7:05-8:05-9:55-10:45
Orphan (14A) Special Engagement Fri-Sat 11:30-12:45-2:30-3:30-5:15-6:45-8:15-9:45-11 Special Engagement Sun 11:30-12:45-2:30-3:30-5:15-6:45-8:15-9:45 Special Engagement Mon-Thu 1:30-4:30-7:30-10:30 Special Engagement Fri-Sun 1:45-4:30-7:30-10:30 Special Engagement Mon-Thu 12:45-2:30-3:30-5:15-6:45-8:15-9:45
Star Trek (PG) Fri-Sun 10:55-1:40-4:20-7:20-10:20 Mon-Thu 1:40-4:20-7:20-10:20
Surveillance (STC) Fri-Thu 12:35-3-5:20-7:45-10:05
Séraphine (STC) Fri-Thu 1-4-7:10-10
The Taking of Pelham 123 (14A) Fri-Sun 10:50-1:25-4:05-6:40-9:20 Mon-Thu 1:25-4:05-6:40-9:20
Terminator Salvation (14A) Fri-Thu 2:25-7:25
Up (PG) Fri-Sun 11:15-2-5-8-10:30 Mon-Thu 2-5-8-10:30
Up in Disney Digital 3D (PG) Digital Fri-Sun 11-12-12:45-1:30-2:45-3:30-4:15-5:30-6:30-7:15-8-9:15-9:45 Digital Mon-Thu 12:45-1:30-2:45-3:30-4:15-5:30-6:30-7:15-8-9:15-9:45
Valentino: The Last Emperor (PG) Fri-Thu 12:25-3-5:30-7:50-10:25

WEST END

ALBION CINEMAS
1530 Albion Rd., 416-742-3456

Kambakkht Ishq (Hindi w/e.s.t.) (14A) Fri 9 Sat-Sun 3-9 Mon-Thu 9
Luck (STC) Fri 3:15-6:15-9:15 Sat-Sun 12:15-3:15-6:15-9:30 Mon-Thu 3:15-6:15-9:15
New York (Hindi w/e.s.t.) (14A) Fri-Thu 6
Shortkut - The Con Is On (PG) Fri 3 Sat-Sun 12 Mon-Thu 3

QUEENSWAY
1025 The Queensway, 416-503-0424

Brüno (18A) Fri-Thu 2:30-5-7:50-10:20
G-Force (STC) No Passes Fri-Thu 12:10-2:40-5:10-7:40-10:10
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:10-4:40-7:10-9:40
The Hangover (14A) Fri-Tue 1-3:40-6:30-9:15 Wed 3:40-6:30-9:15 Thu 1-3:40-6:30-9:15 Star & Strollers Screening Wed 1
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 12:45-1:30-3-4:20-5:15-6:40-8:10-9-10:15 No Passes Fri-Thu 12-3:30-7:05-10:45
The Hurt Locker (14A) Fri-Thu 3:50-7:25-10:35
I Love You, Beth Cooper (14A) Fri 12:30-3:25-6:20 Sat 3:35-6:20 Sun 12:30-3:25 Mon-Thu 12:30-3:25-6:20
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 11:50-2:20-4:55-7:30-10:05
Metropolitan Opera: Eugene Onegin (STC) Sat 12
Orphan (14A) No Passes Fri-Thu 12:50-4:10-7:20-10:25
The Proposal (PG) Fri-Thu 12:20-3:10-6:15-9:10
Public Enemies (14A) Fri-Sat 11:55-3:20-6:50-10:30 Sun 11:55-3:20-6:10 Mon-Thu 11:55-3:20-6:50-10:30
The Taking of Pelham 123 (14A) Fri-Thu 9:20
Transformers: Revenge of the Fallen (PG) Fri-Thu 11:40-3:05-6:35-10
The Ugly Truth (14A) No Passes Fri 12:05-1:20-2:45-4-5:20-7-8-9:50-10:40 No Passes Sat 12:05-1:05-2:45-4-5:20-7-8-9:50-10:40 No Passes Sun-Thu 12:05-1:20-2:45-4-5:20-7-8-9:50-10:40
Up in Disney Digital 3D (PG) Fri-Thu 12:40-3:45-6:45-9:25
WWE Night of Champions 2009 (STC) Sun 8

WOODBINE CENTRE
500 Rexdale Blvd., 416-213-1998

Brüno (18A) Fri-Thu 12:55-3-5-7:10-9:20
G-Force (STC) Fri-Thu 12:35-2:40-4:45-6:50-9
Harry Potter and the Half-Blood Prince (PG) Fri-Thu 1-4:30-8
Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 12:40-2:50-5-7:05-9:15
Orphan (14A) Fri-Thu 1:20-4-6:55-9:40
Public Enemies (14A) Fri-Thu 1-3:45-6:45-9:35
Transformers: Revenge of the Fallen (PG) Fri-Thu 12:30-3:35-6:40-9:45
The Ugly Truth (14A) Fri-Thu 12:50-4:05-7:20-9:30

EAST END

BEACH CINEMAS
1651 Queen St. E., 416-699-5971

Brüno (18A) Fri-Thu 1:30-4:30-7:45-10:15
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 12:15-2:45-5:10-7:30-9:50
The Hangover (14A) Fri-Thu 1-4-6:45-9:20
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 12-3:30-6:30-7:10-10:30
The Ugly Truth (14A) No Passes Fri-Thu 1:15-4:15-7:15-9:40

FOX THEATRE
2236 Queen St. E., 416-691-7330

Aida (Opera) (STC) Sat 3
Amarcord (STC) Sun-Mon 7
Angels & Demons (14A) Fri-Sat 7 Sun 4
Anvil! The Story of Anvil (14A) Wed-Thu 9:15
Babe (STC) Sat 1 Sun 2
The Big Lebowski (14A) Tue 7
The Brothers Bloom (PG) Wed-Thu 7
Dazed and Confused (STC) Tue 9:15
The Taking of Pelham 123 (14A) Wed 1:30
Terminator Salvation (14A) Fri 9:30 Sun 9:20
Toons For Toddlers (STC) Sat 10:30
X-Men Origins: Wolverine (PG) Sat 9:30 Mon 9:20

NORTH YORK

SHEPPARD GRANDE
4861 Yonge St., 416-590-9974

(500) Days of Summer (PG) No Passes Fri-Thu 12:50-4-6:45-9:10
Brüno (18A) Fri-Thu 12:30-2:50-5:20-7:50-10:20
G-Force (STC) No Passes Fri-Thu 1-3:30-7-9:30
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 12-2:30-5-7:30-10
I Love You, Beth Cooper (14A) Fri-Thu 12:20-3:15-6:20-9:30
Metropolitan Opera: Eugene Onegin (STC) Sat 12
My Sister's Keeper (PG) Fri 12:40-3:50-6:40-9:20 Sat 3:50-6:40-9:20 Sun-Thu 12:40-3:50-6:40-9:20
Orphan (14A) No Passes Fri-Thu 12:45-3:45-6:50-10
The Stoning Of Soraya M. (Persian and English w/e.s.t.) (14A) Fri-Thu 1:10-4:30-7:05-9:50
The Ugly Truth (14A) No Passes Fri-Thu 12:10-2:45-5:10-7:40-10:10
Whatever Works (14A) Fri-Thu 1:30-4:45-7:10-9:55

EMPRESS WALK
5095 Yonge St., 416-223-9550

The Hangover (14A) Dolby Stereo Digital, Stadium Seating Fri 1:45-4:40-7:20-10:15 Dolby Stereo Digital, Stadium Seating Sat 4:40-7:20-10:15 Dolby Stereo Digital, Stadium Seating Sun 4:40-10:15 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:45-4:40-7:20-10:15
Harry Potter and the Half-Blood

"AN ELECTRIFYING MOVIE, SEE IT TWICE!"
— Mosé Persico, CTV MONTREAL

ORPHAN

DARK CASTLE ENTERTAINMENT
14A Persons younger than 14 must be accompanied by an adult
LANGUAGE MAY OFFEND, SEXUAL CONTENT, VIOLENCE
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Check Theatre Directory or www.warnerbroscanada.com for Locations and Showtimes

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 24 TO THURS., JULY 30. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

4:30-5:30-7:7:40-8:15-9-10:30-11-11:30 Dolby Stereo Digital, Stadium Seating Sat 10:30-12:45-1:15-2-3:30-4:15-4:30-5:30-7:7:40-8:15-9-10:30-11-11:30 Dolby Stereo Digital, Stadium Seating Sun 10:30-12:45-1:15-2-3:30-4:15-4:30-5:30-7:7:40-8:15-9-10:15-11-11:30 Dolby Stereo Digital, Stadium Seating Mon-Thu 12:12:45-1:15-2-3:30-4:15-4:30-5:30-7:7:40-8:15-9-10:30-11

The Hurt Locker (14A) Dolby Stereo Digital, Stadium Seating Fri 1-4:7:10-10 Dolby Stereo Digital, Stadium Seating Sat 10:10-1-4:7:10-10 Dolby Stereo Digital, Stadium Seating Sun-Thu 1-4:7:10-10

Ice Age: Dawn of the Dinosaurs 3D (PG) Dolby Stereo Digital, Stadium Seating Fri 12:30-2:45-5:15-7:30-9:45 Dolby Stereo Digital, Stadium Seating Sat-Sun 10:15-12:30-2:45-5:15-7:30-9:45 Dolby Stereo Digital, Stadium Seating Mon-Thu 12:30-2:45-5:15-7:30-9:45

Opus Arte: Last Night of the Proms (STC) Dolby Stereo Digital, Stadium Seating Sat-Sun 11

The Proposal (PG) Dolby Stereo Digital, Stadium Seating Fri 1:20-4:10-7:15-9:50 Dolby Stereo Digital, Stadium Seating Sat-Sun 10:45-1:20-4:10-7:15-9:50 Dolby Stereo Digital, Stadium Seating Mon-Thu 1:20-4:10-7:15-9:50

Public Enemies (14A) Dolby Stereo Digital, Stadium Seating Fri-Thu 1:30-4:45-8-11:10

Transformers: Revenge of the Fallen (PG) Dolby Stereo Digital, Stadium Seating Fri 1:10-4:20-7:45-11:15 Dolby Stereo Digital, Stadium Seating Sat 10-1:10-4:20-7:45-11:15 Dolby Stereo Digital, Stadium Seating Sun-Thu 1:10-4:20-7:45-11:15

WWE: Night of Champions 2008 (STC) Dolby Stereo Digital, Stadium Seating Sun 8

SILVERCITY YORKDALE 6
3401 Dufferin St., 416-444-3456

Brüno (18A) Fri 1:15-4:30-7:45-10:10 Sat 1:15-4:30-7:45-10:20 Sun-Mon 1:15-4:30-7:45-10:10 Tue 1:15-4:30-7:45-10:20 Wed-Thu 1:15-4:30-7:45-10:10

G-Force in Disney Digital 3D (STC) No Passes Fri 11:45-2:10-4:40-7:10-9:40 No Passes Sat 12-2:10-4:40-7:10-9:40 No Passes Sun-Thu 11:45-2:10-4:40-7:10-9:40

The Hangover (14A) Fri-Tue 12:40-3:50-6:45-9:30 Wed 12:40-3:50-9:50 Thu 12:40-3:50-6:45-9:30

Harry Potter and the Half-Blood Prince (PG) No Passes Fri 12-3-3:30-6:40-7:10:15-10:45 No Passes Sat 11:30-12-3-3:30-6:40-7:10:15-10:45 No Passes Sun 11:30-12-3-3:30-6:40-7:10:15-10:30 No Passes Mon-Thu 12-3-3:30-6:40-7:10:15-10:30

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 11:55-2:30-5-7:30-10

Orphan (14A) No Passes Fri-Thu 1-4:10-7:20-10:30

The Proposal (PG) Fri-Thu 12:30-3:40-6:30-9:20

Transformers: Revenge of the Fallen (PG) Fri-Thu 11:50-3:15-6:50-10:20

The Ugly Truth (14A) No Passes Fri-Thu 2-4:50-7:40-10:25

SILVERCITY FAIRVIEW
1800 Sheppard Ave. E., 416-644-7746

Brüno (18A) Fri-Thu 4:15-7:50-10:10

G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:10-4:40-7:10-9:40

Harry Potter and the Half-Blood Prince (PG) No Passes Fri 12-3-3:30-6:30-7-10-10:30 No Passes Sat-Sun 11:30-12-3-3:30-6:30-7-10-10:30 No Passes Mon-Thu 12-3-3:30-6:30-7-10-10:30

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 12:10-2:30-5-7:30-9:55

Orphan (14A) No Passes Fri-Thu 12:40-4-7:20-10:25

The Proposal (PG) Fri-Sun 12:50-3:45-6:50-9:30 Mon 12:50-3:45-9:30 Tue-Thu 12:50-3:45-6:50-9:30

Public Enemies (14A) Fri-Thu 12:30

Transformers: Revenge of the Fallen (PG) Fri-Thu 11:50-3:15-6:40-10:15

The Ugly Truth (14A) No Passes Fri-Thu 12:20-2:45-5:10-7:40-10:20

SCARBOROUGH

COLISEUM SCARBOROUGH
300 Borough Dr., 416-290-5217

Achchamundu! Achchamundu! (Tamil w/e.s.t.) (STC) Fri-Thu 12:20-3:20-6:30-9:50

Brüno (18A) Fri-Thu 1:30-4:30-7:20-9:55

G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:10-4:40-7:10-9:40

The Hangover (14A) Fri-Sat 12:50-3:50-7:10:05 Sun 12:50-3:50-10:05 Mon-Thu 12:50-3:50-7-10:05

The Hurt Locker (14A) Fri-Thu 12:45-4:10-7:15-10:25

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 12-2:30-5-7:30-10

My Sister's Keeper (PG) Fri-Sat 12:30-3:30-6:40-9:45 Sun 12:30-3:30-6:40 Mon-Thu 12:30-3:30-6:40-9:45

Public Enemies (14A) Fri-Thu 1:10-4:20-8

Transformers: Revenge of the Fallen (PG) Fri-Thu 12:10-3:40-7:05-10:30

The Ugly Truth (14A) No Passes Fri-Thu 12:40-3:10-6:20-9:20 No Passes Fri-Thu 11:50-2:20-4:50-7:30-10:20

Up (PG) Fri-Thu 1-4-6:50-9:30

WWE Night of Champions 2009 (STC) Sun 8

EGLINTON TOWN CENTRE
1901 Eglinton Ave. E., 416-752-4494

Brüno (18A) Fri-Sun 11:40-2-5:10-8-10:15 Mon-Thu 2-5:10-8-10:15

G-Force (STC) No Passes Fri-Thu 12:20-2:50-5:20-7:50-10:10

G-Force in Disney Digital 3D (STC) No Passes Fri-Sun 11:45-2:10-4:40-7:10-9:40 No Passes Mon-Thu 2:10-4:40-7:10-9:40

The Hangover (14A) Fri-Thu 1:50-4:30-7:45-10:45

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Sun 11:30-12:30-1:30-3-4-5-6:30-7:30-9-10-10:50 No Passes Mon-Thu 12:30-1:30-3-4-5-6:30-7:30-9-10-10:50

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 1:40-4:20-7:15-9:45

My Sister's Keeper (PG) Fri-Sat 1:20-4:10-6:50-9:50 Sun 1:20-4:10-6:50 Mon-Wed 1:20-4:10-6:50-9:50 Thu 4:10-6:50-9:50 Star & Strollers Screening Thu 1

Orphan (14A) No Passes Fri-Thu 1-4:15-7:20-10:40

The Proposal (PG) Fri-Thu 12:50-3:40-6:40-9:15

Public Enemies (14A) Fri-Thu 12:10-3:10-6:20-9:30

The Taking of Pelham 123 (14A) Fri-Sat 12:40-3:20-6:10-9:10 Sun 12:40-3:20-9:20 Mon-Thu 12:40-3:20-6:10-9:10

Transformers: Revenge of the Fallen (PG) Fri-Thu 12-3:30-7:10:30

The Ugly Truth (14A) No Passes Fri-Thu 1:45-4:50-7:40-10:20

Up (PG) Fri-Thu 1:10-3:50-6:45-9:20

WWE Night of Champions 2009 (STC) Sun 8

401 & MORNINGSIDE
785 Milner Ave., 416-281-2226

Brüno (18A) Fri-Thu 12:15-4:20-7:9:10

G-Force (STC) No Passes Fri-Thu 12:30-2:45-5-7:30-9:50

The Hangover (14A) Fri-Thu 1:40-4:45-7:50-10:35

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 11:30-12-3-3:30-6:15-6:50-9:40-10:20

Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 1-3:45-6-8:45

Orphan (14A) No Passes Fri-Thu 1:30-4:30-7:40-10:30

The Proposal (PG) Fri-Thu 12:45-4:10-7:20-10:10

Public Enemies (14A) Fri-Thu 11:40-3:10-6:25-9:25

Transformers: Revenge of the Fallen (PG) Fri-Thu 11:50-3:20-6:35-10:25

The Ugly Truth (14A) No Passes Fri-Thu 1:15-4-7:10-10

KENNEDY COMMONS 20
33 William Kitchen Rd., 416-335-5323

(500) Days of Summer (PG) Special Engagement Fri-Sat 10:55-1:15-3:35-5:55-8:10-10:30 Special Engagement Sun 1-3:15-5:35-7:50-10:05 Special Engagement Mon-Thu 3:15-5:35-7:50-10:05

Angels & Demons (14A) Fri-Sat 10:55-1:55-4:55-7:55-10:55 Sun 12:55-3:55-6:55-9:50 Mon-Thu 3:55-6:55-9:50

Easy Virtue (PG) Fri-Sat 10:30-2:55-7:35 Sun-Thu 2:55-7:35

Harry Potter and the Half-Blood Prince (PG) Special Engagement Fri-Sat 9-9:40-10:20-11-11:40-12:20-1-1:40-2:20-3-3:40-4:20-5-5:40-6:20-7-7:40-8:20-9-9:40-10:20-11 Special Engagement Sun 11-11:40-12:20-1-1:40-2:20-3-3:40-4:20-5-5:40-6:20-7-7:40-8:20-9-9:40-10:20 Mon-Thu 2:20-3-3:40-4:20-5-5:40-6:20-7-7:40-8:20-9-9:40-10:20

I Love You, Beth Cooper (14A) Fri-Sun 12:35-5:10-9:55 Mon-Thu 5:10-9:55

Kambakkht Ishq (14A) Fri-Sat 10:30-1:30-4:30-7:35-10:30 Sun 12:30-3:30-6:40-9:50 Mon-Thu 3:30-6:40-9:50

Moon (14A) Fri-Sat 11:10-1:30-3:50-6:10-8:30-10:50 Sun 12:35-2:55-5:15-7:30-9:55 Mon-Thu 2:55-5:15-7:30-9:55

Night at the Museum: Battle of the Smithsonian (PG) Fri-Sat 9:45-12:15-2:45-5:15-7:45-10:25 Sun 12:10-2:40-5:10-7:40-10:10 Mon-Thu 2:40-5:10-7:40-10:10

Orphan (14A) Special Engagement Fri-Sat 9:15-11:15-12-2-2:45-4:45-5:30-7:30-8:15-10:15-11 Special Engagement Sun 11:15-1:15-2-4-4:45-6:45-7:30-9:30-10:15 Special Engagement Mon-Thu 2-4-4:45-6:45-7:30-9:30-10:15

The Proposal (PG) Fri-Sat 9:30-10:15-12-12:45-2:30-3:15-5:5:45-7:30-8:15-10-10:45 Sun 11:30-12:15-2-2:45-4:30-5:15-7-7:45-9:30-10:20 Mon-Thu 2-2:45-4:30-5:15-7-7:45-9:30-10:20

Star Trek (PG) Fri-Sat 11:30-2:20-5:10-8-10:45 Sun 12:50-4-7:05-10 Mon-Thu 4-7:05-10

The Taking of Pelham 123 (14A) Fri-Sat 10:10-12:40-3:10-5:40-8:10-10:50 Sun 11:55-2:25-4:50-7:25-10 Mon-Thu 2:25-4:50-7:25-10

Terminator Salvation (14A) Fri-Sat 9:50-12:30-3:05-5:45-8:20-10:55 Sun 11:35-2:15-4:55-7:35-10:05 Mon-Thu 2:15-4:55-7:35-10:05

Valentino: The Last Emperor (PG) Special Engagement Fri-Sat 10:40-1-3:20-5:35-7:55-10:15 Special Engagement Sun 12:55-3:20-5:35-7:55-10:10 Mon-Thu 3:20-5:35-7:55-10:10

Whatever Works (14A) Fri-Sat 11-1:15-3:30-5:50-8-10:20 Sun 11-1:15-3:30-5:45-8-10:15 Mon-Thu 3:30-5:45-8-10:15

WOODSIDE CINEMAS
1571 Sandhurst Circle, 416-299-3456

Kambakkht Ishq (Hindi w/e.s.t.) (14A) Fri-Sun 9:15 Mon-Thu 3:15

Luck (STC) Fri 3:30-6:30-9:30 Sat-Sun 12:30-3:30-6:30-9:30 Mon-Thu 3:30-6:30-9:30

New York (Hindi w/e.s.t.) (14A) Fri 6:15 Sat-Sun 12:15-6:15 Mon-Thu 6:15

Shortkut - The Con Is On (PG) Fri-Sun 3:15 Mon-Thu 9:15

PEEL REGION

CINÉ STARZ
377 Burnhamthorpe Rd. E., 905-290-2401

Hannah Montana: The Movie (G) Fri-Thu 12-1:45-5:20

Imagine That (G) Fri-Thu 12-1:50-5:15-7:05

Land of the Lost (PG) Fri-Thu 5:15-8:40

Monsters vs. Aliens (PG) Fri-Thu 12-1:35-3:40

Star Trek (PG) Fri-Thu 3:10-5:20-7:30

Terminator Salvation (14A) Fri-Thu 9

X-Men Origins: Wolverine (PG) Fri-Thu 12-3:30-7:10-9

Year One (14A) Fri-Thu 1:50-3:35-7-9:40

COLISEUM 10
309 Rathburn Rd., 905-275-3456

The Hangover (14A) Fri-Mon 1:30-4:30-7:45-10:20 Tue 1:30-4:25-7:45-10:20 Wed-Thu 1:30-4:30-7:45-10:20

Harry Potter and the Half-Blood Prince (PG) No Passes Fri 12-3-3:30-6:40-7:10-10:15-10:45 No Passes Sat-Sun 11:30-12-3-3:30-6:40-7:10-10:15-10:45 No Passes Mon-Tue 12-3-3:30-6:40-7:10-10:15-10:45 No Passes Wed-Thu 12-2-3:30-6:40-7:10-10:15-10:45 No Passes Fri-Tue 12:45-4:20-8 No Passes Wed 4:20-8 No Passes Thu 12:45-4:20-8 No Passes Wed 1

Harry Potter and the Half-Blood Prince: The IMAX Experience (PG) No Passes Wed-Thu 11:45-3-6:30-10

The Hurt Locker (14A) Fri-Thu 12:15-3:10-6:30-9:50

Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 1:10-3:50-6:20-9:15

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri 2:30-5-7:30-10 Sat-Sun 11:45-2:30-5-7:30-10 Mon-Thu 2:30-5-7:30-10

The Proposal (PG) Fri-Thu 12:20-3:15-6:15-9:40

Public Enemies (14A) Fri-Thu 12:10-3:20-6:45-10:10

Transformers: Revenge of the Fallen (PG) Fri-Thu 12:30-4-7:20-10:40

Transformers: Revenge of the Fallen: The IMAX Experience (PG) Fri-Tue 12-3:30-7-10:30

Up in Disney Digital 3D (PG) Fri-Thu 12:50-3:40-6:50-9:30

WWE Night of Champions 2009 (STC) Sun 8

COURTNEY PARK 16
110 Courtney Park Dr., 905-362-1210

Brüno (18A) Fri-Sun 11:10-1:20-3:50-8:15-10:40 Mon-Thu 1:20-3:50-8:15-10:40

G-Force (STC) Special Engagement Fri-Sun 11-11:45-1:25-2:15-3:55-4:50-6:20-7:15-8:45-9:40 Special Engagement Mon-Thu 1:25-2:15-3:55-4:50-6:20-7:15-8:45-9:40

The Hangover (14A) Fri-Thu 12:20-3-5:35-8:10-10:50

Harry Potter and the Half-Blood Prince (PG) Special Engagement Fri-Sat 11:20-11:55-12:45-1:30-2:45-3:30-4:15-5-6:15-7-7:40-8:30-9:45-10:30-11:10 Special Engagement Sun 11:20-11:55-12:45-1:30-2:45-3:30-4:15-5-6:15-7-7:40-8:30-9:45-10:30 Mon-Thu 12-12:45-1:30-2:45-3:30-4:15-5-6:15-7-7:40-8:30-9:45-10:30

Ice Age: Dawn of the Dinosaurs (PG) Fri-Sun 11:35-2:10-4:35-7:05-9:30 Mon-Thu 2:10-4:35-7:05-9:30

My Sister's Keeper (PG) Fri-Sun 11:15-1:55-4:40-7:20-10:05 Mon-Thu 1:55-4:40-7:20-10:05

Orphan (14A) Special Engagement Fri-Sun 11:05-2-5:05-8-11 Special Engagement Mon-Thu 2-5:05-8-11

The Proposal (PG) Fri-Sun 11:25-2:05-4:45-7:30-10:10 Mon-Thu 2:05-4:45-7:30-10:10

Public Enemies (14A) Fri-Thu 12:50-4:05-7:25-10:45

The Taking of Pelham 123 (14A) Fri-Thu 12:25-3:05-5:40-8:20-10:55

Transformers: Revenge of the Fallen (PG) Fri-Sun 11:30-3:10-6:30-10 Mon-Thu 3:10-6:30-10

The Ugly Truth (14A) Special Engagement Fri-Sun 11:50-2:25-4:55-7:35-10:15 Special Engagement Mon-Thu 2:25-4:55-7:35-10:15

ORION GATE GRANDE
20 Biscayne Cr., 905-455-1590

Brüno (18A) Fri-Sun 1:30-4:15-7:40-10:10 Mon 1:30-4:25-7:30-9:55 Tue 4:25-7:30-9:55 Wed-Thu 1:30-4:25-7:30-9:55

G-Force (STC) No Passes Fri-Sun 11:40-2-4:25-6:50-9:30 No Passes Mon-Thu 12:05-2:20-4:35-6:50-9:10

The Hangover (14A) Fri-Sun 1:15-4:35-7:20 Mon-Thu 1:15-4:15-7:15

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Sun 11:30-12-3-3:30-6:30-7-10-10:30 No Passes Mon-Tue 12-3-3:30-6:30-7-10-10:30 No Passes Wed 12-3:30-6:30-7-10-10:30 No Passes Thu 12-3-3:30-6:30-7-10-10:30 Star & Strollers Screening, No Passes Wed 1

Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 1:05-3:20-6:20-9:20

Orphan (14A) No Passes Fri-Sun 12:30-4:05-7:30-10:40 No Passes Mon-Thu 12:30-4:05-7:20-10:20

The Proposal (PG) Fri-Sun 12:20-3:55-6:45-9:40 Mon-Thu 12:20-3:55-6:45-9:30

Public Enemies (14A) Fri-Thu 9:50

Transformers: Revenge of the Fallen (PG) Fri-Sun 11:50-3:10-6:40-10:20 Mon-Thu 12:10-3:25-6:40-10:10

The Ugly Truth (14A) No Passes Fri-Sun 12:45-3:45-7:10-9:45 No Passes Mon-Thu 12:45-3:45-7:10-9:40

SILVERCITY MISSISSAUGA
3055 Vega Blvd., 905-569-3373

Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Sun 11:30-12-12:45-3-3:30-4:20-6:30-7-8-10-10:30 No Passes Mon-Thu 12-12:45-3-3:30-4:20-6:30-7-8-10-10:30

The Hurt Locker (14A) Fri-Thu 1-4:10-7:10-10:15

Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Sun 11:45-2:15-4:50-7:20-9:45 Mon-Thu 2:15-4:50-7:20-9:45

My Sister's Keeper (PG) Fri-Thu 1:15-4-6:40-9:20

Orphan (14A) No Passes Fri-Thu 1:30-4:30-7:30-10:25

The Proposal (PG) Fri-Thu 1:45-4:40-7:40-10:10

Up in Disney Digital 3D (PG) Fri-Thu 12:30-3:45-6:50-9:30

SQUARE ONE
100 City Centre Dr., 905-275-2640

(500) Days of Summer (PG) Digital, Stadium Seating Fri 2:20-4:50-7:20-9:40-11:55 Digital, Stadium Seating Sat 11:40-2:20-4:50-7:20-9:40-11:55 Digital, Stadium Seating Sun 11:40-2:20-4:50-7:20-9:40 Digital, Stadium Seating Mon-Thu 2:20-4:50-7:20-9:40

Angels & Demons (14A) Stadium Seating Fri-Sat 9-11:59 Stadium Seating Sun-Thu 9

Brüno (18A) Stadium Seating Fri 1-3:10-5:30-7:50-10:10-11:59 Stadium Seating Sat 11-1-3:10-5:30-7:50-10:10-11:59 Stadium Seating Sun 11-1-3:10-5:30-7:50-10:10 Stadium Seating Mon-Thu 1-3:10-5:30-7:50-10:10

G-Force (STC) Stadium Seating Fri 2:10-4:30-6:50-9:10-11:15 Stadium Seating, No Passes Sat 11:50-2:10-4:30-6:50-9:10-11:15 Stadium Seating, No Passes Sun 11:50-2:10-4:30-6:50-9:10 Stadium Seating, No Passes Mon-Thu 2:10-4:30-6:50-9:10

G-Force in Disney Digital 3D (STC) Stadium Seating, No Passes Fri 12:20-2:45-5:10-7:30-9:50 Stadium Seating, No Passes, THX Sat-Sun 10:15-12:20-2:45-5:10-7:30-9:50 Stadium Seating, No Passes, THX Mon-Thu 12:30-2:45-5:10-7:30-9:50

I Love You, Beth Cooper (14A) Stadium Seating Fri 1:40-4:6:40 Stadium Seating Sat-Sun 11:20-1:40-4:6:40 Stadium Seating Mon-Thu 1:40-4:6:40

Luck (STC) Stadium Seating, Sub-Titled Fri-Thu 1:20-5-8:50

My Sister's Keeper (PG) Stadium Seating Fri-Sat 1:30-3:55-6:30-9:20-11:50 Stadium Seating Sun-Thu 1:30-3:55-6:30-9:20

Opus Arte: Last Night of the Proms (STC) Stadium Seating Sat-Sun 11

Orphan (14A) Stadium Seating, No Passes Fri 1:10-4:10-7:10-10-12:30 Stadium Seating, No Passes Sat 10:30-1:10-4:10-7:10-10-12:30 Stadium Seating, No Passes Sun 10:30-1:10-4:10-7:10-10 Stadium Seating, No Passes Mon-Thu 1:10-4:10-7:10-10

The Taking of Pelham 123 (14A) Stadium Seating Fri 2:30-5:20-7:40-10:15-12:30 Stadium Seating Sat 5:20-7:40-10:15-12:30 Stadium Seating Sun 5:20-7:40-10:15 Stadium Seating Mon-Wed 2:30-5:20-7:40-10:15 Stadium Seating Thu 1:35-4-6:35

The Ugly Truth (14A) Stadium Seat

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THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 24 TO THURS., JULY 30. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

ing, THX Fri 2-4:20-7-9:30-11:45 Stadium Seating, THX Sat 11:30-2-4:20-7-9:30-11:45 Stadium Seating, THX Sun 11:30-2-4:20-7-9:30 Stadium Seating, THX Mon-Thu 2-4:20-7-9:30

NORTH

5 DRIVE-IN
2331 Ninth Line, 905-257-8272

G-Force (STC) Fri-Thu 9:20
Harry Potter and the Half-Blood Prince (PG) Fri-Thu 9:15
Orphan (14A) Fri-Thu 12:05
The Proposal (PG) Fri-Thu 11:05
The Ugly Truth (14A) Fri-Sat 11:20 Sun-Thu 9:25
Year One (14A) Fri-Sat 9:25 Sun-Thu 11:15

AURORA CINEMAS
15460 Bayview Ave., 905-841-1789

Brüno (18A) Fri-Thu 2-4:20-7:40-10:15
G-Force (STC) No Passes Fri-Thu 12:10-2:40-5:7:20-9:50
The Hangover (14A) Fri-Thu 1:20-4-7:15
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Sun 11:30-12-3-3:30-6:30-7-10-10:30 No Passes Mon-Thu 12-3-3:30-6:30-7-10-10:30
Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 12:30-3:20-6:45-9:15
Orphan (14A) No Passes Fri-Thu 1:30-4:30-7:30-10:20
The Proposal (PG) Fri-Wed 1-3:50-6:50-9:30 Thu 3:50-6:50-9:30 Star & Strollers Screening Thu 1
Public Enemies (14A) Fri-Thu 9:55
Transformers: Revenge of the Fallen (PG) Fri-Sun 11:40-3:10-6:40-10:10 Mon-Thu 11:45-3:10-6:40-10:10
The Ugly Truth (14A) No Passes Fri-Thu 1:10-4:10-7:10-9:40

COLOSSUS 19
3555 Hwy 7 West, 905-851-1001

(500) Days of Summer (PG) No Passes Fri-Thu 1:50-4:50-7:25-10:10
Angels & Demons (14A) Fri-Sat 12:50-3:55-7:10:05 Sun 12:40-3:45-10:05 Mon-Thu 12:50-3:55-7:10:05
Brüno (18A) Fri-Thu 2-5-7:50-10:25
The Hangover (14A) Fri-Thu 1:20-4:30-7:35-10:20
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Sat 11:30-12-12:45-1:30-3-3:30-4:20-5:15-6:40-7:10-8-9-10:15-10:45 No Passes Sun 11:30-12-12:45-1:30-3-3:30-4:20-5:15-6:45-7:10-8-9-10:15-10:45 No Passes Mon-Thu 12-12:45-1:30-3-3:30-4:20-5:15-6:40-7:10-8-9-10:15-10:45
Harry Potter and the Half-Blood Prince: The IMAX Experience (PG) No Passes Wed-Thu 11:45-3-6:30-10
The Hurt Locker (14A) Fri-Thu 1-4:10-7:30-10:45
I Love You, Beth Cooper (14A) Fri-Sat 1:10-3:50-6:30-9:10 Sun 1:10-3:50-6:30 Mon-Thu 1:10-3:50-6:30-9:10
Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 12:30-3:10
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Sun 11:40-2:10-4:40-7:05-9:30 Mon-Wed 12-2:20-4:40-7:05-9:30 Thu 12-2:15-4:40-7:05-9:30
Night at the Museum: Battle of the Smithsonian (PG) Fri-Thu 6:15-8:45
Orphan (14A) No Passes Fri-Thu 1:40-4:40-7:40-10:50
Public Enemies (14A) Fri-Thu 12:20-3:40-6:50-9:55
Transformers: Revenge of the Fallen (PG) Fri-Thu 12:40-4-7:20-10:40
Transformers: Revenge of the Fallen: The IMAX Experience (PG) Fri-Tue 12-3:30-7-10:30
The Ugly Truth (14A) No Passes Fri-Thu 1:15-1:45-4:15-4:45-7:15-7:45-10-10:30
Up in Disney Digital 3D (PG) Fri-Thu 12:10-2:50-6:45-9:20
WWE Night of Champions 2009 (STC) Sun 8

ELGIN MILLS 10
10909 Yonge St., 905-770-6998

Brüno (18A) Fri-Thu 1:20-4:40-7:50-9:50
G-Force (STC) No Passes Fri-Thu 12:15-2:30-4:50-7:10-9:20
The Hangover (14A) Fri-Thu 7:40-10:30
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 12-1-3:30-4:30-6:50-8-10:10
I Love You, Beth Cooper (14A) Fri-Thu 1:10-4:20
Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 1:20-4:10-6:50-9:20
Opus Arte: Last Night of the Proms (STC) Sat-Sun 11
Orphan (14A) No Passes Fri-Thu 12:30-4:10-7:30-10:20
The Proposal (PG) Fri-Thu 12:50-4-7-9:30
Transformers: Revenge of the Fallen (PG) Fri 12:10-3:40-6:45-10 Sat-Sun 3:40-6:45-10 Mon-Thu 12:10-3:40-6:45-10
The Ugly Truth (14A) Fri-Thu 12:40-3:50-7:20-9:40

FIRST MARKHAM PLACE
3275 Hwy 7 E., 905-474-5101

Brüno (18A) Fri 12:40-2:50-5:20-8-10:20 Sat-Sun 12:30-2:50-5:30-8-10:20 Mon-Thu 12:40-2:50-5:20-8-10:20
G-Force (STC) No Passes Fri 12:15-2:40-5:10-7:30-9:50 No Passes Sat-Sun 12:10-2:40-5:10-7:30-9:50 No Passes Mon-Thu 12:15-2:40-5:10-7:30-9:50
The Hangover (14A) Fri 1:30-4:30-7:20-9:40 Sat-Sun 1:15-4:15-7:10-9:45 Mon-Thu 1:30-4:30-7:20-9:40
Harry Potter and the Half-Blood Prince (PG) No Passes Fri 12-3-3:30-6:40-7:10-10:30 No Passes Sat-Sun 11:30-12-3-3:30-6:40-7-10-10:30 No Passes Mon-Thu 12-3-3:30-6:40-7-10-10:30
Ice Age: Dawn of the Dinosaurs (PG) Fri 12:20-2:45-5:05-7:40-10:05 Sat-Sun 11:40-2:20-5-7:20-9:40 Mon-Thu 12:20-2:45-5:05-7:40-10:05
Orphan (14A) No Passes Fri 1:15-4:15-7:15-10:10 No Passes Sat-Sun 1:3:50-7:15-10:10 No Passes Mon-Thu 1:15-4:15-7:15-10:10
The Proposal (PG) Fri 1-4-6:50-9:30 Sat-Sun 12:50-4-6:50-9:30 Mon-Thu 1-4-6:50-9:30
Transformers: Revenge of the Fallen (PG) Fri 12:30-3:45-7:10-10:25 Sat-Sun 11:55-3:15-6:40-9:55 Mon-Thu 12:30-3:45-7:10-10:25
The Ugly Truth (14A) No Passes Fri 12:10-2:35-5-7:50-10:15 No Passes Sat-Sun 11:50-2:30-5:20-7:45-10:15 No Passes Mon-Thu 12:10-2:35-5-7:50-10:15

INTERCHANGE 30
30 Interchange Way, 905-760-1911

17 Again (PG) Fri-Sun 11:10-1:40-4:10-7:05-9:20 Mon-Thu 4:10-7:05-9:20
The Brothers Bloom (PG) Fri-Sun 11:15-1:45-4:20-7:35-10:10 Mon-Wed 4:20-7:35-10:10 Thu 4:20
Drag Me to Hell (14A) Fri-Sun 11:20-2:05-4:40-7:25-10:05 Mon-Thu 2:05-4:40-7:25-10:05
Earth (G) Fri-Sun 12:20-2:35-4:40-6:55-9:10 Mon-Wed 2:35-4:40-6:55-9:10 Thu 2:35-4:40-6:55
Easy Virtue (PG) Fri-Sun 11:40-2:15-4:35-7:15-9:40 Mon-Thu 2:15-4:35-7:15-9:40
Fighting (STC) Fri-Sun 11:05-1:25-4:10-6:40-9:05 Mon-Wed 4:10-6:40-9:05 Thu 4:10-6:40
G-Force (STC) Fri-Sun 11:15-12:30-1:30-2:45-4-5-6:15-7:30-8:30-9:45 Mon-Thu 2:45-4-5-6:15-7:30-8:30-9:45
G-Force in Disney Digital 3D (STC) Digital Fri-Sun 11:45-2-4:30-7-9:15 Digital Mon-Thu 2-4:30-7-9:15
Ghosts of Girlfriends Past (14A) Fri-Sun 11:50-2:20-5:10-7:50-10:10 Mon-Thu 2:20-5:10-7:50-10:10
Hannah Montana: The Movie (G) Fri-Sun 11:55-2:25-4:55-7:10-9:35 Mon-Thu 2:25-4:55-7:10-9:35
I Love You, Man (14A) Fri-Sun 11:20-1:55-4:25-6:50-9:25 Mon-Thu 4:25-6:50-9:25
Imagine That (G) Fri-Sun 10:55-1:25-3:55-6:30-8:50 Mon-Wed 3:55-6:30-8:50 Thu 3:55
Kambakkht Ishq (14A) Fri-Sun 11:50-3:15-6:35-9:30 Mon-Thu 3:15-6:35-9:30
Knowing (14A) Fri-Sun 1-3:45-6:25-9:10 Mon-Thu 3:45-6:25-9:10
Land of the Lost (PG) Fri-Sun 11:10-1:35-4:05-6:35-9:05 Mon-Thu 4:05-6:35-9:05
My Sister's Keeper (PG) Fri-Sun 11-11:45-1:30-2:30-4:25-5-6:45-7:30-9:30-10 Mon-Thu 2:30-4:25-5-6:45-7:30-9:30-10
Obsessed (14A) Fri-Sun 11:25-2:05-4:35-7:20-9:55 Mon-Thu 2:05-4:35-7:20-9:55
The Proposal (PG) Fri-Sun 11-11:30-1-1:20-2-3:30-4:15-4:45-6:15-7:7:30-9-9:45-10:05 Mon-Thu 2-3:30-4:15-4:45-6:15-7-7:30-9-9:45-10:05
The Soloist (PG) Fri-Sun 12:45-3:30-6-8:55 Mon-Thu 3:30-6-8:55
State of Play (PG) Fri-Sun 1:10-4:05-6:50-9:50 Mon-Thu 4:05-6:50-9:50
The Taking of Pelham 123 (14A) Fri-Sun 10:55-12:05-12:30-1:35-2:30-3-4:50-5:20-6:30-7:20-7:45-9:15-9:45-10:15 Mon-Thu 2:30-3-4:4:50-5:20-6:30-7:20-7:45-9:15-9:45-10:15
Terminator Salvation (14A) Fri-Sun 11:05-1:40-4:20-7:9:40 Mon-Thu 4:20-7-9:40
Valentino: The Last Emperor (PG) Fri-Sun 11:30-1:45-4:15-7:45-10 Mon-Thu 4:15-7:45-10
Year One (14A) Fri-Sun 12:10-2:25-4:50-7:20-9:35 Mon-Thu 2:25-4:50-7:20-9:35

PROMENADE MALL
1 Promenade Circle, 416-494-9371

G-Force (STC) Fri-Thu 12:45-2:50-5:10-7:20-9:15
Harry Potter and the Half-Blood Prince (PG) Fri-Thu 1-4:30-8
Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 12:30-2:45-5-7:10-9:10
Orphan (14A) Fri-Thu 1:20-4-6:45-9:20
The Proposal (PG) Fri-Thu 1:10-3:50-6:50-9
The Ugly Truth (14A) Fri-Sun 1:15-4:10-7-9:25 Mon 4:10-7-9:25 Tue-Thu 1:15-4:10-7-9:25 Mon 1

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Brüno (18A) Fri-Sat 1:50-4:20-6:30-9 Sun 1:50-4:20-8 Mon-Thu 1:50-4:20-6:30-9
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:10-4:40-7:10-9:40
The Hangover (14A) Fri-Sat 2-4:50-8-10:40 Sun 2-4:50-10:40 Mon-Thu 2-4:50-8-10:40
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 11:50-12:20-1-3:20-3:50-4:30-6:50-7:20-8:10-10:10-10:45
The Hurt Locker (14A) Fri-Thu 1:10-4-7:30-10:30
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 12:10-2:35-5-7:40-10
Metropolitan Opera: Eugene Onegin (STC) Sat 12
My Sister's Keeper (PG) Fri-Thu 1:20-4:10
Orphan (14A) No Passes Fri-Thu 12:50-3:40-6:40-9:50
The Proposal (PG) Fri-Thu 12:30-3:10-6:20-9:20
Public Enemies (14A) Fri-Thu 6:55-10:05
Transformers: Revenge of the Fallen (PG) Fri 12:05-3:30-7:10:25 Sat 3:30-7:10:25 Sun-Thu 12:05-3:30-7:10:25
The Ugly Truth (14A) No Passes Fri-Thu 12-2:45-5:10-7:50-10:20
WWE Night of Champions 2009 (STC) Sun 8

SILVERCITY RICHMOND HILL
8771 Yonge St., 905-709-3199

Brüno (18A) Fri-Thu 1:30-4-7:20-9:45
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:10-4:40-7:10-9:40
The Hangover (14A) Fri-Thu 1:40-4:30-7:50-10:45
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 11:30-12-2:50-3:30-6:20-7-9:50-10:30 No Passes Fri-Thu 12:50-4:20-8
The Hurt Locker (14A) Fri-Thu 12:20-3:45-7:05-10:10
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 12:10-2:30-5-7:30-10
Orphan (14A) No Passes Fri-Thu 12:30-3:40-7:15-10:40
The Proposal (PG) Fri-Thu 12:40-3:20-6:10-9
Public Enemies (14A) Fri-Sat 11:35-2:40-6-9:10 Sun 11:35-2:40-6-9:10 Mon-Thu 11:35-2:40-6-9:10
Transformers: Revenge of the Fallen (PG) Fri-Thu 11:55-3:15-6:35-10:05
The Ugly Truth (14A) No Passes Fri-Thu 11:40-2:15-4:50-7:40-10:20
Up (PG) Fri-Sat 1-3:50-6:45-9:20 Sun 1-3:50-6:45 Mon-Wed 1-3:50-6:45-9:20 Thu 3:50-6:45-9:20 Star & Strollers Screening Thu 1
WWE Night of Champions 2009 (STC) Sun 8

HALTON

SILVERCITY BURLINGTON 8
1250 Brant St., 416-646-0444

Brüno (18A) Fri-Thu 1:25-4:25-7:25-10:25
G-Force (STC) No Passes Fri-Thu 1:15-4:15-7-9:30
The Hangover (14A) Fri-Sat 1:45-4:45-7:45-10:20 Sun 1:45-4:45-10:20 Mon-Thu 1:45-4:45-7:45-10:20
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Sun 12-1-2:30-3:30-4:30-6:30-7-8-10-10:30 No Passes Wed 12-2:30-3:30-4:30-6:30-7-8-10-10:30 No Passes Thu 12-1-2:30-3:30-4:30-6:30-7-8-10-10:30 Star & Strollers Screening, No Passes Wed 1
Ice Age: Dawn of the Dinosaurs (PG) Fri-Sat 1:20-4:20-6:45-9:20 Sun 1:20-4:20-6:45 Mon-Thu 1:20-4:20-6:45-9:20
My Sister's Keeper (PG) Fri-Thu 1:05-7:05
Orphan (14A) No Passes Fri-Thu 1:40-4:40-7:40-10:30
The Proposal (PG) Fri-Thu 1:10-4:10-7:10-10:10
Public Enemies (14A) Fri-Thu 4:05-10:05
Transformers: Revenge of the Fallen (PG) Fri-Thu 12:15-3:20-6:50-10:20
The Ugly Truth (14A) No Passes Fri-Thu 1:30-4:30-7:15-10:15
WWE Night of Champions 2009 (STC) Sun 8

SILVERCITY OAKVILLE
3531 Wyecroft Road, 905 827-7173

Brüno (18A) Fri-Thu 1:20-3:50-7:40-10
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:20-4:45-7:20-9:50
The Hangover (14A) Fri 12:10-3:20-6:40-9:40 Sat 4-6:40-9:40 Sun-Thu 12:10-3:20-6:40-9:40
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 12-3:30-7-10:30 No Passes Fri-Tue 1-4:30-8 No Passes Wed 4:30-8 No Passes Thu 1-4:30-8 No Passes Fri-Thu 2:30-6:30-10 Star & Strollers Screening, No Passes Wed 1
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 1:10-4-6:55-9:30
Metropolitan Opera: Eugene Onegin (STC) Sat 12
Orphan (14A) No Passes Fri-Thu 12:20-3:40-6:50-10:10
The Proposal (PG) Fri-Thu 12:40-4:20-7:30-9:55
Transformers: Revenge of the Fallen (PG) Fri-Thu 12-3:30-7:10:20
The Ugly Truth (14A) No Passes Fri-Thu 12:50-4:10-7:10-10:20 No Passes Fri-Thu 1-4:7:30-10:40

SILVERCITY BRAMPTON
50 Great Lakes, 905-789-6797

Brüno (18A) Fri-Thu 2-4:50-7:35-10:25
G-Force (STC) No Passes Fri-Thu 12:15-2:40-5:10-7:40-10:10
G-Force in Disney Digital 3D (STC) No Passes Fri-Thu 11:45-2:10-4:40-7:10-9:40
The Hangover (14A) Fri-Thu 1:40-4:30-7:50-10:30
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Sun 11:30-12-12:45-3-3:30-4:20-6:40-7:15-8-10:15-10:45 No Passes Mon-Thu 12-12:45-3-3:30-4:20-6:40-7:15-8-10:15-10:45
I Love You, Beth Cooper (14A) Fri-Sat 12:30-3:20-6:25-9:15 Sun 12:30-3:20-6:25 Mon-Thu 12:30-3:20-6:25-9:15
Ice Age: Dawn of the Dinosaurs 3D (PG) Fri-Thu 1:30-4:10-6:55-9:45
My Sister's Keeper (PG) Fri-Sat 12:50-3:40-6:30-9:25 Sun 12:50-3:40-9:25 Mon-Thu 12:50-3:40-6:30-9:25
Orphan (14A) No Passes Fri-Thu 12:35-3:50-7:30-10:45
The Proposal (PG) Fri-Thu 12:20-3:10-6:10-9:10
Public Enemies (14A) Fri-Thu 12:10-3:35-7:20-10:40
Transformers: Revenge of the Fallen (PG) Fri-Thu 1:20-6:15-9:55
The Ugly Truth (14A) No Passes Fri-Thu 1:10-4-7:10
Up (PG) Fri-Thu 1-3:55-6:45-9:30
WWE Night of Champions 2009 (STC) Sun 8

WINSTON CHURCHILL
2081 Winston Park Dr. Oakville, 905-829-2009

(500) Days of Summer (PG) Fri-Sun 10-12:15-2:45-5:15-7:45-10:15 Mon-Thu 12:15-2:45-5:15-7:45-10:15
Angels & Demons (14A) Fri-Sun 10:05-1:05-4:15-7:20-10:25 Mon-Thu 1:05-4:15-7:20-10:25
Brüno (18A) Fri-Sun 10:35-11:10-11:45-12:20-12:55-1:30-2:05-2:40-3:10-3:50-4:25-5-5:35-6:10-6:45-7:20-7:55-8:30-9:05-9:40-10:15-10:50 Mon-Thu 12:20-12:55-1:30-2:05-2:40-3:10-3:50-4:25-5-5:35-6:10-6:45-7:20-7:55-8:30-9:05-9:40-10:15-10:50
G-Force (STC) Special Engagement Fri-Sun 11-12:30-1:30-3-4-5:30-6:30-8-9-10:30 Special Engagement Mon-Thu 12:30-1:30-3-4-5:30-6:30-8-9-10:30
G-Force in Disney Digital 3D (STC) Special Engagement, Digital Fri-Sun 11:45-2:15-4:45-7:15-9:45 Special Engagement, Digital Mon-Thu 12:05-2:15-4:45-7:15-9:45
The Hangover (14A) Fri-Sun 11:40-12:40-2:25-3:05-4:50-5:45-7:25-8:25-9:55-10:50 Mon-Thu 12:10-12:40-2:25-3:05-4:50-5:45-7:25-8:25-9:55-10:50
I Love You, Beth Cooper (14A) Fri-Sun 11:35-2:25-4:55-7:30-9:55 Mon-Thu 12:05-2:25-4:55-7:30-9:55
Luck (STC) Sub-Titled Fri-Sun 11:10-2:20-5:50-9:10 Sub-Titled Mon-Thu 2:20-5:50-9:10
Moon (14A) Special Engagement Fri-Sun 10:05-12:25-3-5:30-7:55-10:35 Mon-Thu 12:25-3-5:30-7:55-10:35
Public Enemies (14A) Fri-Sun 10:20-12:30-1:15-3:45-4:30-7-7:40-10-10:45 Mon-Thu 12:30-1:15-3:45-4:30-7-7:40-10-10:45
Star Trek (PG) Fri-Mon 1-4:10-7:10-10:10 Tue-Wed 7:10-10:10 Thu 1-4:10-7:10-10:10
State of Play (PG) Tue-Wed 1-4:10
The Taking of Pelham 123 (14A) Fri-Sun 10:10-12:40-3:10-5:40-8:10-10:40 Mon-Thu 12:40-3:10-5:40-8:10-10:40
Terminator Salvation (14A) Fri-Thu 4:20-9:50
Transformers: Revenge of the Fallen (PG) Fri-Sun 11:50-12:45-3:15-4-6:30-7:15-9:45-10:30 Mon-Thu 12-12:45-3:15-4-6:30-7:15-9:45-10:30
The Ugly Truth (14A) Special Engagement Fri-Sun 10:15-12-12:45-2:30-3:15-5-5:45-7:30-8:15-10-10:45 Special Engagement Mon-Thu 12-12:45-2:30-3:15-5-5:45-7:30-8:15-10-10:45
Year One (14A) Fri-Sun 11:30-1:50-7:05 Mon-Thu 1:50-7:05

DURHAM

AJAX
248 Kingston Rd. E, 905-426-7772

Brüno (18A) Fri-Thu 1:30-4:15-7:20-10:05
G-Force (STC) No Passes Fri-Thu 11:45-2-4:30-6:50-9:20
The Hangover (14A) Fri-Thu 1:15-3:45-6:35
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Wed 11:30-11:50-3-3:15-6:30-6:45-10-10:10 No Passes Thu 11:30-3-6:30-6:45-10-10:10 Star & Strollers Screening, No Passes Thu 1
Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 12:05-2:25-4:45-7:10-9:55
Orphan (14A) No Passes Fri-Thu 12:15-3:20-6:40-9:30
The Proposal (PG) Fri-Thu 12:30-3:50-7:05-9:40
Public Enemies (14A) Fri-Thu 9:10
Transformers: Revenge of the Fallen (PG) Fri-Thu 12-3:25-6:55-10:15
The Ugly Truth (14A) No Passes Fri-Thu 1-3:35-7-9:45

PICKERING 8
1355 Kingston Rd., 416-646-0444

Brüno (18A) Fri-Thu 1:40-4:05-6:45-9:20
G-Force (STC) No Passes Fri-Thu 11:45-2:20-4:50-7:25-9:45
Harry Potter and the Half-Blood Prince (PG) No Passes Fri-Thu 11:30-11:50-3-3:25-6:30-7-10-10:30
Ice Age: Dawn of the Dinosaurs (PG) Fri-Thu 1-4:7:15-9:55
Orphan (14A) No Passes Fri-Thu 12:40-3:45-6:55-10:15
Transformers: Revenge of the Fallen (PG) Fri-Thu 12-3:30-6:50-10:10
The Ugly Truth (14A) No Passes Fri-Thu 1:10-4:25-7:40-10:25

WHITBY 24
75 Consumers Dr., 905-665-7210

Brüno (18A) Fri-Sat 11:30-12:30-1:45-2:45-4-5-6:15-7:15-8:35-9:30-10:45 Sun 11:30-12:30-1:45-2:45-4-5-6:15-7:15-8:35-9:30-10:35 Mon-Thu 12:30-1:45-2:45-4-5-6:15-7:15-8:35-9:30-10:35
G-Force (STC) Special Engagement Fri-Sun 9:45-11-12:15-1:15-2:30-3:30-4:45-5:45-7-8-9:15-10:15 Special Engagement Mon-Thu 12:15-1:15-2:30-3:30-4:45-5:45-7-8-9:15-10:15
G-Force in Disney Digital 3D (STC) Special Engagement, Digital Fri-Sun 10:30-12-1:45-3-5:15-7:30-9:45 Special Engagement, Digital Mon-Thu 12:45-3-5:15-7:30-9:45
The Hangover (14A) Fri-Sun 11:45-2:35-5:15-8-10:20 Mon-Thu 2:35-5:15-8-10:20
Harry Potter and the Half-Blood Prince (PG) Special Engagement Fri-Sat 9:25-10:10-30-11:15-12-12:45-1:30-2-2:45-3:30-4:15-5-5:30-6:15-7:05-7:45-8:30-9-9:40-10:30-11-11:40 Special Engagement Sun 9:25-10:10-30-11:15-12-12:45-1:30-2-2:45-3:30-4:15-5-5:30-6:15-7:05-7:45-8:30-9-9:40-10:30 Mon-Thu 12-12:45-1:30-2-2:45-3:30-4:15-5-5:30-6:15-7:05-7:45-8:30-9-9:40-10:30
The Hurt Locker (14A) Fri-Sun 10:45-1:40-4:40-7:35-10:25 Mon-Thu 1:40-4:40-7:35-10:25
I Love You, Beth Cooper (14A) Fri-Thu 2:05-7:25
Ice Age: Dawn of the Dinosaurs (PG) Fri-Sun 11:45-2-4:30-7-9:15 Mon-Thu 2-4:30-7-9:15
My Sister's Keeper (PG) Fri-Sun 11:20-1:45-4:40-7:15-10 Mon-Thu 1:45-4:40-7:15-10
Nim's Island (PG) Wed 10
Orphan (14A) Special Engagement Fri-Sat 11:15-12-2:05-2:50-4:45-5:30-7:35-8:15-10:25-11 Special Engagement Sun 11:15-12-2:05-2:50-4:45-5:30-7:35-8:15-10:25 Special Engagement Mon-Thu 12-2:05-2:50-4:45-5:30-7:35-8:15-10:25
The Proposal (PG) Fri-Thu 12-2:40-5:10-7:40-10:10
Public Enemies (14A) Fri-Thu 1:15-4:30-7:35-10:35
Star Trek (PG) Fri-Sun 11:10-4:35-9:45 Mon-Thu 4:35-9:45
The Taking of Pelham 123 (14A) Fri-Thu 7:15-9:50
Transformers: Revenge of the Fallen (PG) Fri-Sun 10:45-12:30-2-3:45-5:15-7-8:30-10:15 Mon-Thu 12:30-2-3:45-5:15-7-8:30-10:15
The Ugly Truth (14A) Special Engagement Fri-Sun 9:30-11:40-12:35-2:10-3:05-4:45-5:30-7:20-8-9:45-10:35 Special Engagement Mon-Thu 12:35-2:10-3:05-4:45-5:30-7:20-8-9:45-10:35
Up (PG) Fri-Sun 11:30-2-4:40 Mon-Thu 2-4:40

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Billboard's top pop albums
1. Leave This Town, Daughtry; **2.** BLACKsummers'night, Maxwell; **3.** Hannah Montana 3 Soundtrack; **4.** NOW 31, Various Artists; **5.** The E.N.D., The Black Eyed Peas. METRO NEWS SERVICES

Music

Our Lady Peace avoids burn out

New record is looser and more relaxed

BRYAN BORZYKOWSKI
for Metro Canada

"It took us six other records to figure out how we truly wanted to make records." That might sound strange coming from Raine Maida, the singer of Our Lady Peace, one of Canada's most successful rock acts.

The band has made plenty of massively popular discs before, so why now does he feel like he's finally figured things out?

"We did it on our own," he says on the phone from Los Angeles. "It's back to the way this band begun. It was just the four of us trusting our instincts."

Maida's referring to the fact that he and his cohorts — bassist Duncan Coutts, drummer Jeremy Taggart and guitarist Steve Mazur — are now an indie band, after departing Sony Music in the last couple years. They produced their new album, Burn Burn, on their own, mostly in Maida's L.A. studio, and they're self-releasing their disc. (Though major labels are distributing the album.)

Going the do-it-yourself route was a must for the band — if they didn't break free from their label they would have likely broken up. "If we didn't do something like this, after what happened on the last record, I don't know if there would have been another record," says Maida.

The Toronto-raised singer explains that the previous disc, Healthy in Paranoid Times, took three years to make after the label kept pushing the band to produce singles. The music industry was falling apart, so unlike previous records, where Maida says the band was pretty much free to do what they wanted, this time around Sony wanted to make sure they had a big hit on its hands.

"We've never gone into the studio trying to write a hit," he says. "But all of the sudden it was like we need an actual hit."

Getting back to basics really has helped the band. Maida sounds rejuvenated, and the record is definitely an improvement over Healthy in Paranoid Times. While the band is still churning out epic rock 'n' roll, the record is looser, paired back and more relaxed. Armed with the new disc and newfound perspective on the music business, Maida sounds certain that Our Lady Peace's brush with a breakup is in the past. Now he's ready to hit the road.

"We feel it's really time to get back to that real connection with fans where it's very visceral," he says. "We're in amazing place right now. In fact, I can't think of a better position to be in."

in concert

- Our Lady Peace's next local date is at Virgin Fest in Oro, Ont., on Aug. 30

SONY MUSIC PHOTO

Burn, Burn, the new album from Our Lady Peace, was released this week.

Essential programs for the most dedicated music geek

SoundCheck

This is one of those clip 'n' save sort of columns where you'll want to discreetly tear out this page because you will want to try out these programs.

Lyric Rat (lyricrat.com): Have you ever been in an argument with friends over who does a certain song? Send whatever lyrical fragment you can recall to this free Twitter application (@LyricRat) and it will reply with the title, the artist and a link where you can read more. Great for settling bar bets.

Shazam (iTunes.com): When a cheesy retro song from the '80s came on in a bar in Singapore where I was visiting with friends, a debate broke out over the name of the artist. I just whipped out my iPhone, cranked up my free Shazam app and within seconds, I had the answer. Shazam uses your iPhone mic to "listen" to a song and then compares it to a master database. It's not perfect, but it's close enough to make you reconsider the existence of magic. (By the way, the song was Who's Johnny by El Debarge.)

Songkick (songkick.com): I once had an idea for a concert wiki where everyone could upload set lists and reviews for every concert ever performed. Turns out that someone had the same (but better) idea. Songkick allows members to add details of any show to a vast, growing database of gigs past. The number of catalogued shows is approaching 1.1 million.

Space Oddity Remixer (iTunes.com): Bowie's career was going nowhere until the BBC started using Space Oddity in their coverage of the Apollo 11 mission. In commemoration of the 40th anniversary of man on the moon, a new app from iKlax allows iPhone users (or with Garageband on the Mac) to try and improve on the original Major Tom story by remixing it. Think the vocals should be tweaked? The mellotron part was always too loud for you? Fix it. Lots of fun for $1.99.

The Tuesday Guide (tuesdayguide.blogspot.com): In Canada, 99 per cent of all new releases come out on Tuesdays. Wouldn't it be great to automatically get a list of the week's new CDs, complete with artwork, mini-reviews and links to buy the downloads? The Toronto-based Tuesday Guide takes care of all the details. You can either visit the website or, as I do, sign up for the weekly newsletter. Indispensable.

The Ongoing History Of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

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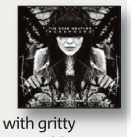
Amazon.ca's top albums
1. Essential Michael Jackson (2CD); **2.** Thriller (25th Anniversary Edition), Michael Jackson; **3.** Off The Wall, Michael Jackson; **4.** Bad, Michael Jackson; **5.** Number Ones, Michael Jackson. METRO NEWS SERVICES

Metro recommends

• Live in Austin 2008, Drive-By Truckers:
The stellar mix of the southern rock act's twangy ballads and raucous classics was recorded live at Austin City Limits.

• Horehound, The Dead Weather:
Jack White's latest supergroup delivers dark and dizzying alt-rock filled with gritty grooves and sinister blues.



• Beacons , Ohbijou:
Delicate, orchestral indie-pop with flecks of folk, elegantly tied together by the angelic vocals of Casey Mecija.

METRO NEWS SERVICES

Life after college

JASON RICHARDS
for Metro Canada

Asher Roth says there's more to his music than the hit single I love College, off his most recent album Asleep In The Bread Aisle.

If there's one thing Asher Roth loves, it's college.

At least, that's the first thing the public came to know about the ginger-haired rap newcomer by way of his debut single, I Love College.

The song, which plays like the theme to a modern-day Animal House, finds Roth, 23, reminiscing about last night's party; so epic, he wishes he'd videotaped it. Millions related to the rapper's sentiments on the joy of dollar pizza slices, getting girls naked and drinking Miller Lite. I Love College was a hit in North America and the U.K., and Asher had a signature track on his hands.

Despite releasing two singles from his album, Asleep In The Bread Aisle, since (Lark On My Go-Kart and Be By Myself featuring Cee-Lo), the song is still his go-to on the talk-show and tour circuit. In the lobby of a Toronto hotel, hip-hop's Van Wilder confesses he's getting tired of the number.

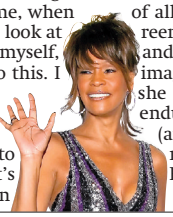
"There's so much more going on with me than that song," says the former child education major. "Yes, I went to college for two years, and yes I wrote a song that was more or less a satire of it.

"I know how much more other substance there is on my album though, so yeah I'm a little fed up and anxious to move on to something else."

Originally, I Love College sampled Weezer's 1995 hit Say It Ain't So. But the band's frontman Rivers Cuomo wouldn't authorize its use, so they had to flip the beat for the commercial release. But Roth has no qualms with Cuomo.

"Say It Ain't So was one of those drunken-night, singing-along, karaoke-esque songs in college for us, which is why I used it. The song, though, is really about alcoholism in (Cuomo's) family, with his father, and him getting past that. So I completely and utterly respect the fact that he didn't want it to become about drinking and smoking weed."

Whitney Houston says daughter inspired her



PEOPLE Whitney Houston says her daughter's support helped fuel her as she geared up for her comeback record.

"She was with me every step of the way: 'Mom, you can do this.' When I get discouraged and I get like, 'This is tiring, this is wearing me out, I'm just not at that point,' she'd just go, 'No, mom, you can do this, get up, get up,"' Houston said of 15-year-old Bobbi Kristina. "She encourages me and inspires me, when I look at her and I look at her eyes and I see myself, I go, 'OK, I can do this. I can do this."'

The 44-year-old superstar is releasing I Look to You on Sept. 1. It's her first album in years on Arista Records.

Houston is one of the world's best-selling artists of all time, but her career stalled for years and her pop princess image imploded as she battled drugs and endured a troubled (and now defunct) marriage to Bobby Brown.

THE ASSOCIATED PRESS

TOP 10 RINGTONES
1 I Gotta Feeling Black Eyed Peas
2 I Know You Want Me Pitbull
3 Fire Burning Sean Kingston
4 Boom Boom Pow Black Eyed Peas
5 Birthday Sex Jeremih
6 Thriller Michael Jackson
7 Day 'N' Nite Kid Cudi
8 One Time Justin Bieber
9 Knock You Down Keri Hilson
10 Papazazzi
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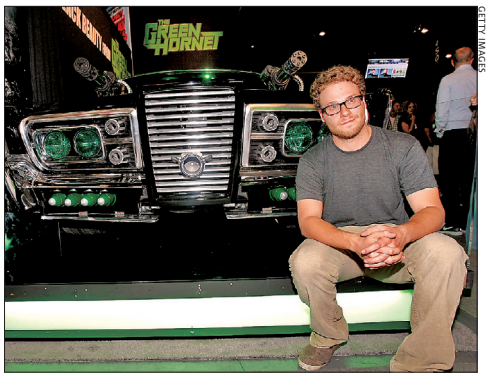
Gondry to direct Hornet

Eternal Sunshine of the Spotless Mind director Michel Gondry has replaced Hong Kong comedian Stephen Chow as director of the TV series The Green Hornet, a studio spokesman said Thursday. THE ASSOCIATED PRESS

Television



GETTY IMAGES

Actor Seth Rogen unveils Black Beauty, the featured car from The Green Hornet during Comic Con 2009 in San Diego.

Comic Con in full swing

Convention offers sneak peek at Hollywood blockbusters

NED EHRBAR
Metro World News

The famed San Diego Comic Con is in full swing this weekend, celebrating its 40th anniversary with four days of panels, parties and sneak peeks at upcoming blockbusters.

What started as a humble meet-up of comic book enthusiasts has grown into the premiere venue for Hollywood to unveil its latest properties to die-hard fans — whether the properties are comic book-related or not.

The biggest buzz this year surrounds James Cameron's upcoming Avatar, a 3-D live action film that's been kept carefully under wraps as the famed director has spent the past five years working on it.

But vying for attention is also the latest film in the Twilight series, New Moon. The series' predominantly female fan base adds a new element to the usually male-dominated convention, lovingly referred to by insiders as "Nerd Prom."

Comic Con audience will get the first glimpse of Iron Man 2

Hollywood has learned over the last few years to respect and even indulge the Comic Con audience. The San Diego Convention Center will play host to the first glimpse of Iron Man 2, which is fitting since the first Iron Man had its unveiling here as well.

Producer Joel Silver, who runs Silver Pictures and Dark Castle Entertainment and was the producer behind the Lethal Weapon and Matrix franchises, fully appreciates the power of the comic book audience.

"I've been involved with comic book stories for a long time," he says. "We bought Watchmen and V for Vendetta in the late '80s. I lost Watchmen over the years — I wish I hadn't."

That film, which made a huge splash at last year's Comic Con, is back to celebrate the director's cut DVD with a screening curated by director Zack Snyder.

But Silver has other projects he's focused on now, including the fan favorite DC Comics character Lobo, who should be hitting the big screen soon, according to Silver. "Lobo is one I'm very excited about doing," he says. "We've got a script we like."

FRIDAY

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/24/09 primetime	265	353	2 TVO	Adventures in Architecture		The Best of The Agenda		Heartbeat		Secret Life of the Brain		Best-Agenda
	211	331	3 GTV	ET Canada	Entertainment	The Unit		Mental "Coda" (N)		NUMB3RS "Jacked"		News
	215	343	4 OMN1	Two Men	Simpsons	News (N)		Vivere Il	News	Simpsons	King of Hill	Metropia
	210	302	6 CBC	Coronatn	Jeopardy! (N)	Air Farce	Laughs	Wild Roses (DVS)		CBC News: The National (N)		The Hour
	214	344	7 CITY	Law & Order: SVU		Mantracker	Man Tracker	Departures (HDTV)		Out There	Out There	News
	212	313	8 CTV	etalk	Hollywood	Ghost Whisperer		(9:01) Castle		Nikki Payne Fun Time Show		News
	218	345	11 E!	The Insider	E News	Smarter Than a 5th Grader?		O.J. Simpson		20/20 (HDTV) (N)		News/Eleven
	-	387	16 CBS	Inside Edition	Hollywood	Ghost Whisperer		(9:01) Flashpoint		NUMB3RS "Jacked"		News 4 at 11
	-	385	17 NBC	The Insider	Entertainment	The Chopping Block		Dateline NBC				News
	-	386	18 ABC	Fortune	Jeopardy! (N)	Surviving	Goode Family	Jim	Jim	20/20 (HDTV) (N)		News
	219	346	20 ACH-B	The Road to Avonlea		*Crazy/Beautiful* ★★ (2001, Romance)				Stargate Atlantis		News
	-	-	28 FOX	Judge Judy	Two Men	Smarter Than a 5th Grader?		Mental "Coda" (N)		Seinfeld	Two Men	Simpsons
	-	388	61 PBS	News-Lehrer	Summer Wine	*Waking Ned Devine* (1998, Comedy)			Bob Hope-Hollywood's Star		Wash. Week	Business Rpt.
news	500	500	33 CNN	Lou Dobbs Tonight		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
sports	405	417	22 net	MLB Baseball Tampa Bay Rays at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Connected		Sportsnet
	400	400	30 TSN	CFL Pregame	CFL Football Toronto Argonauts at Winnipeg Blue Bombers. (HDTV) (Live)						CFL Football	
family	551	542	25 YTV	*Chestnut: Hero of Central Park* (2006, Comedy)				Prank Patrol	Prank Patrol	Family Biz	Adrenaline	Mystery Hnt.
	554	544	45 TEL	Batman	Spider-Man	Wolverine	Justice	Futurama	(9:25) *Doctor Strange* (2007)			*Hellboy*
	556	540	51 FAM	Sonny	Wizards	Suite Life	Han. Montana	*Roxy Hunter and the Secret*			*Curly Sue* (1991)	
cable variety	615	520	31 A&E	CSI: Miami "Pirated"		CSI: Miami "Bunk"		CSI: Miami (HDTV)		CSI: Miami (HDTV)		Criminal
	575	583	38 CMT	Cross Canada Countdown (N)				Due South		*The Linda McCartney Story* (2000, Drama)		
	616	521	39 SHO	The Outer Limits		BeastMaster		Kenny	Kenny	Trailer Park	Trailer Park	Webdreams
	294	529	47 TBS	Family Guy	Family Guy	House-Payne	House-Payne	*Hitch* ★★★ (2005, Romance-Comedy) Will Smith, Eva Mendes.				
	581	566	52 MTV	Play'd	MTV News	Made "Wakeboarder"		The Real World		True Love	The X Effect	Cribs
	603	561	56 FOOD	Chef at Home	Fresh-Anna	Thirsty	Thirsty	Bobby Flay	Chef Abroad	Diners	Diners	Ramsay
	300	601	301 M1	*Sweeney*	*The Strangers* ★★ (2008, Suspense)			*Pineapple Express* ★★ (2008, Comedy), Gary Cole				*Let the Right*

SATURDAY

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/25/09 primetime	265	353	2 TVO	National Geographic		*Days of Wine and Roses* ★★★ (1962, Drama)				Interviews	*Clean and Sober*	
	211	331	3 GTV	Doc		The Unit "Inquisition"		Doc		Doc		News Final
	215	343	4 OMN1	Na Luzie		Svitohliad	Dusha I Tilo	Russian Waves		The Hero and the Queen		MADtv
	210	302	6 CBC	The Nature of Things		The Week the Women Went		Da Vinci's City Hall (HDTV)		Intelligence (DVS)		*Ararat*
	214	344	7 CITY	Without a Trace		Murdoch Mysteries (HDTV)		*Treed Murray* ★★ (2001, Drama) David Hewlett.				News
	212	313	8 CTV	W-FIVE-Manners		*Eight Days to Live* (2006, Drama) (DVS)				Law & Order: SVU		News
	218	345	11 E!	Out There	E News	Rich Poor	Rich Poor	*Trophy Wife* (2006, Suspense) Brooke Burns.				News/Eleven
	-	387	16 CBS	Paid Program	Paid Program	The Unit "Inquisition"		48 Hours Mystery		48 Hours Mystery		News 4 at 11
	-	385	17 NBC	Paid Program	The Insider	Kings (N)		Law Order: CI		Law & Order: SVU		News
	-	386	18 ABC	Paid Program	Paid Program	Wipeout (HDTV)		Castle (HDTV)		Dirty Sexy Money (N)		News
	219	346	20 ACH-B	The Road to Avonlea		*The Stork Derby* (2002, Docudrama) (DVS)				Dirty Sexy Money (N)		News
	-	-	28 FOX	Fresh Prince	Ab Secrets	Cops	Cops	America's Most Wanted		Simpsons	Simpsons	MADtv
	-	388	61 PBS	All Creatures Great & Small		Lark Rise to Candleford		Casebook-Sherlock Holmes		Poirot		Masterpiece
news	500	500	33 CNN	Newsroom		Black in America "Tomorrow's Leaders"				Newsroom		Black, Amer.
sports	405	417	22 net	MMA Conn	MLS Soccer Toronto FC at Columbus Crew. (Live)				UFC: Access	Poker		Sportsnet
	400	400	30 TSN	SportsCentre	NASCAR Racing Nationwide Series -- Kroger 200. (HDTV) (Live)					SportsCentre (HDTV) (Live)		
family	551	542	25 YTV	Prank Patrol	Prank Patrol	Survive This	Adrenaline	In Real Life		Prank Patrol	Prank Patrol	Mystery Hnt.
	554	544	45 TEL	*Space Jam* ★★ (1996, Comedy) Michael Jordan.				Futurama	Chicken	Clone High	Rick & Steve	Moral Orel
	556	540	51 FAM	Suite Life	Zoey 101	Zack & Cody	Han. Montana	*Batman Forever* ★★ (1995, Action) Val Kilmer.				*Batman*
cable variety	615	520	31 A&E	CSI: Miami (HDTV)		CSI: Miami "Broken"		CSI: Miami (HDTV)		CSI: Miami (HDTV)		The Sopranos
	575	583	38 CMT	CMT's Greatest		Hottest Women of Country		Tuckerville	Tuckerville	Reba	Reba	Sessions
	616	521	39 SHO	(6) *Lost Behind Bars*		*Abducted*				*The Descent* ★★★ (2005, Horror)		
	294	529	47 TBS	House-Payne	House-Payne	*Hitch* ★★★ (2005, Romance-Comedy) Will Smith, Eva Mendes.					*The Man* ★★ (2005)	
	581	566	52 MTV	Cribs	Cribs	After	MTV Live	MTV News	Cribs	Cribs	Cribs	Cribs
	603	561	56 FOOD	Grill It-Flay	Chef Abroad	Ramsay's Kitchen		Next Food Star		Kitchen Nightmares		Hell's Kitchen
	300	601	301 M1	(7:15) *Son of Rambow* ★★★ (2007, Comedy)				*Burn After Reading* ★★★ (2008, Comedy-Drama)				*What Just*

SUNDAY

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/26/09 primetime	265	353	2 TVO	Quest for the Megafish		My New Home		White Girl (N)			The View From Here	
	211	331	3 GTV	King of Hill	Amer Dad	Big Brother 11 (N)		Family Guy	Amer Dad	Simpsons	Family Guy	News
	215	343	4 OMN1	Without a Trace		Jim	Sinking the Gustloff		Noi Oggi	Metropia	Metropia	Corpo E Alma
	210	302	6 CBC	Heartland (DVS)		*The Summit* (2008, Suspense) Mia Maestro. (DVS)				CBC News: Sunday Night		Doctor Who
	214	344	7 CITY	Two Men	Hates Chris	Kings		Royal Pains		Crusoe (HDTV) (DVS)		News
	212	313	8 CTV	Corner Gas	Degrassi	Merlin (HDTV) (N)		Cold Case (HDTV)		Without a Trace		News
	218	345	11 E!	Mysteries	Mysteries	Extreme Makeover: Home Edition "Kadzis Family"				D. Richards	Kendra	News/Eleven
	-	387	16 CBS	60 Minutes (HDTV)		Big Brother 11 (N)		Cold Case (HDTV)		Without a Trace		News 4 at 11
	-	385	17 NBC	Dateline NBC		Merlin (HDTV) (N)		*The Storm* (2009, Suspense) Treat Williams.				News
	-	386	18 ABC	Funniest Home Videos		Extreme Makeover: Home Edition "Kadzis Family"				Desperate Housewives		News
	219	346	20 ACH-B	Funniest Home Videos		America's Got Talent		America's Got Talent		Desperate Housewives		News
	-	-	28 FOX	'Til Death	Amer Dad	*Zoom* ★ (2006, Comedy) Tim Allen.				Seinfeld	Seinfeld	Cold Case
	-	388	61 PBS	The Lawrence Welk Show		Nature (HDTV) (DVS)		Masterpiece Mystery! (N) (DVS)			P.O.V. (HDTV) (N)	
news	500	500	33 CNN	Newsroom		Black in America "Today's Pioneers"				Newsroom		Black
sports	405	417	22 net	MMA Conn	Baseball	MLB Baseball Chicago White Sox at Detroit Tigers. From Comerica Park in Detroit.						Sportsnet
	400	400	30 TSN	Boxing		World Poker Tour				SportsCentre (HDTV) (Live)		
family	551	542	25 YTV	(6) *Air Buddies*		Prank Patrol	Prank Patrol	In Real Life "E.R."		Adrenaline	Survive This	Mystery Hnt.
	554	544	45 TEL	Stoked (N)	Totally Spies	6TEEN	6TEEN	Futurama	Punch	Life's a Zoo	Life's a Zoo	Rick & Steve
	556	540	51 FAM	Suite Life	Zoey 101	Zack & Cody	Han. Montana	*Superman* ★★★ (1978, Science Fiction) Christopher Reeve.				
cable variety	615	520	31 A&E	Simmons	Simmons	Gene Simmons		Simmons	Simmons	Hammertime	Hammertime	Hammertime
	575	583	38 CMT	Karaoke Star Junior		Karaoke Star Junior		Karaoke Star	Rascal Flatts	Music Awards Video of the Year Special		
	616	521	39 SHO	The Guard (HDTV)		*A Life Interrupted* (2007, Docudrama) (HDTV)				Rescue Me "Initiation"		The Guard
	294	529	47 TBS	*Hitch* ★★★ (2005, Romance-Comedy) Will Smith, Eva Mendes.						*Hitch* ★★★ (2005, Romance-Comedy) Will Smith.		
	581	566	52 MTV	Made "Wakeboarder"		Cribs	Cribs	Cribs	Cribs	Cribs	Cribs	After
	603	561	56 FOOD	Challenge		I Do Eat	I Do Eat	Iron Chef America		Dinner: Impossible		Restaurant
	300	601	301 M1	Atlantis	(7:20) *The Derby Stallion* (2005)			*10,000 B.C.* ★ (2008, Adventure) Steven Strait.				*Last Winter*

Singer Winehouse tells court she did not punch fan

TRIAL Amy Winehouse told a London court Thursday that she did not punch a fan who asked for her photograph, saying she felt intimidated by the alleged victim — and claiming she was too short to have hit the woman in the face.

Winehouse is on trial accused of assaulting another guest at a charity ball last September.

Dancer Sherene Flash alleges she was hit in the eye by the 25-year-old Back to Black singer after asking to take her picture following the event in London's Berkeley Square.

Winehouse told Judge Timothy Workman that at "5 foot 2 1/2, or 5 foot 3," she was too short to have punched the taller Flash in the face.

"My hair does make a difference," said the singer, who sported her trademark beehive hairdo.

Winehouse

Winehouse, known as much for her chaotic lifestyle as her soulful music, arrived at City of Westminster Magistrates' Court for the hearing dressed in a gray pinstripe suit.

Winehouse, who was granted a divorce from her husband Blake Fielder-Civil a week ago, gave her name in court as Amy Jade Civil and sat quietly, occasionally taking notes, as prosecutors outlined the case against her. THE ASSOCIATED PRESS

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the hot ticket

by Enza Anderson

Enza brings Metro readers the weekly scoop on Toronto's hottest parties and events.

If you would you like your event featured in the hot ticket, email enza.supermodel.anderson@gmail.com.

Comedy guest couple Bill Vlaad and Nicole McCaclum.

Just For Laughs headlining comedian Sarah Silverman.

TORONTONIANS FINALLY had something to laugh about this summer as the Just For Laughs comedy festival hit the stage last week. While the four-day festival entertained jester lovers, it was the after-party gatherings at the Spoke Club and Hard Rock Café that had the jokesters amusing themselves.

LEFT: Jazz singer Rosanne Agasee.

Just For Laughs account manager Caroline Guertin, left, and Hard Rock Café party co-ordinator Pam Sterling.

Headline comedian John Leguizamo.

Comedy festival co-ordinators, from left, Meredith Sharpe, Julie Bloomfield and Irene Antonas.

Spoke Club hostess Madeline Marovino, left, and Kaitlin Holliday.

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JAMES XUEREB

$4,581,594
WINNER

At approximately 3:30 pm,

James Xuereb discovered the true meaning of beginner's luck. Xuereb, a new subscriber to Lotto Advance, a service that automatically plays your Lotto 6/49 numbers for you, hit the jackpot on the day his subscription was issued. In return James is thanking his lucky stars, by giving generously. Immediate plans for the money involve helping his family. And although family comes first, James took some time to celebrate in style with the purchase of his new dream car.

NAME: James Xuereb

PRIZE AMOUNT: $4,581,594

GAME PLAYED: Lotto 6/49

TICKET PURCHASED AT: Lotto Advance Subscription Service

QUOTE: "All I kept seeing was the number 4.5 in my head."

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Lance fighting cancer
As cyclist Lance Armstrong competes in the Tour de France, he's still making huge strides in his fight against cancer — only this time he's teaming up with Gossip Girl writer Jessica Queller in a video telling the story of her mother's battle with cancer. TVGUIDE.COM

Going Out

Black goes solo in T.O.

CHRIS ALEXANDER
for Metro Canada

From her early days on Broadway, to her Golden Globe-winning turn in the Jack Nicholson vehicle Five Easy Pieces, to her recent rebirth as the grand dame of indie cinema, the long, varied career of actress, singer, composer and playwright Karen Black is not one easily dismissed.

For two nights — this Saturday and Sunday — Black is bringing her intimate one woman show, My Life For a Song, to The Gladstone Hotel in what promises to be a valentine to her devoted fans, the same fans that have followed her through decades of ups and downs and a myriad of on screen incarnations.

"This is a new show," says Black, who also received an Oscar nomination for Five Easy Pieces and worked with Robert Altman in his 1975 classic Nashville.

"I talk about my life, funny things about my childhood like how I didn't have breasts and how I just wanted to be glamorous"
Karen Black on her upcoming one-woman play

"I talk about my life, funny things about my childhood like how I didn't have breasts and how I just wanted to be glamorous. I become characters and I sing some songs … it's very much a one woman cabaret and hopefully, very entertaining."

Outside of her mainstream Hollywood success, Black became a major figure in strange cinema during the mid '70s, starring in films like Trilogy of Terror, Burnt Offerings and Alfred Hitchcock's final picture, Family Plot.

GETTY IMAGES
Karen Black

For ticket and more info, see gladstonehotel.com

But it was after her portrayal of the deranged Mother Firefly in rocker Rob Zombie's debut film House of 1000 Corpses, that she became a certifiable cult icon, influencing a whole new generation of admirers.

"I'm totally flabbergasted," she says of her current, pseudo-hip renaissance, further exemplified by NYC art/punk band The Voluptuous Horror of Karen Black cribbing their very name from her legacy.

"I'm not really sure why but maybe its because I never stopped loving everybody, I don't know. Or perhaps its because I've had certain pains and they've had pains too, they identify with me, with my humanity and my desire to make them happy"

Many of those pains have included three divorces and several unpleasant rumours about her behind the scenes behaviour.

But Black refuses to be bitter and will not fling mud during the show.

"This is all fun, no gossip and I won't talk about any regrets, mainly because I have none," admits the actress.

"I have a 26-year-old relationship, two wonderful children, wonderful friends and I've had a wonderful life. I want to share that."

Metro's 7th Heaven: Metro taps what's hot

1 Hell's Kitchen Season 6
TV Sixteen fresh aspirants face the culinary devil — celebrity chef Gordon Ramsay — and his forked tongue in season 6. This time the top prize has a Canadian twist. The winner gets to be the head chef of the Araxi restaurant in Whistler, B.C., the home of the 2010 Winter Olympics. Airs Tuesdays on City TV.

2 Humpday
FILM Straight men gone gay? Not quite — but the Sundance Film Festival favourite definitely ups the ante on the bromance.

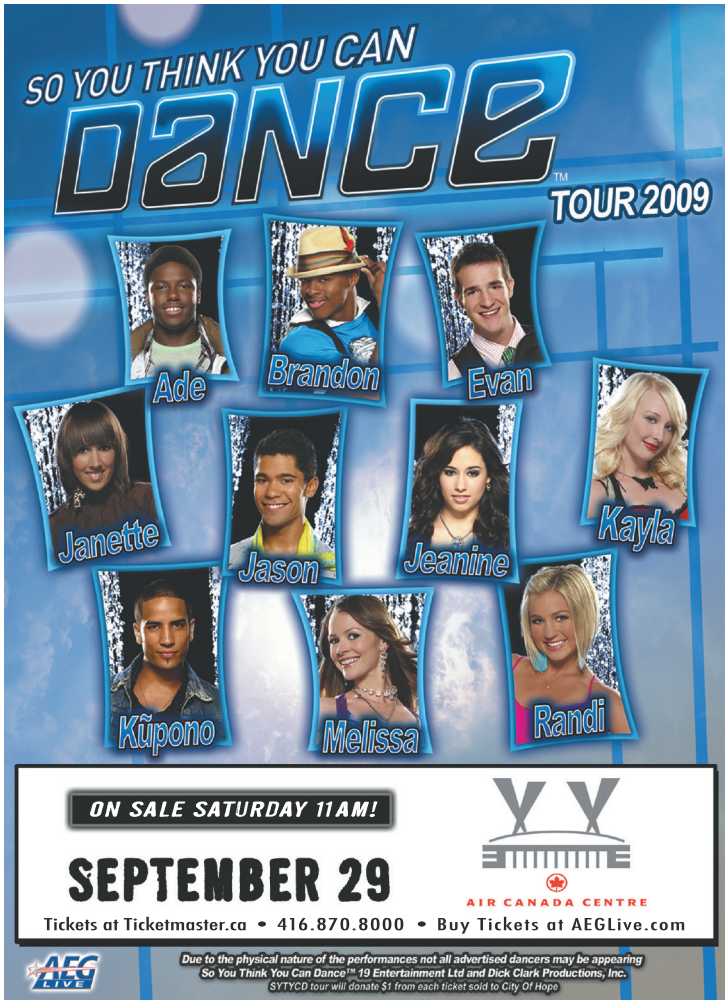
3 Watchmen
DVD Why not rent (or buy) this CGI-driven, Zack Snyder superhero flick that's not afraid to show its heart and head?

4 'Splosion Man
VIDEO GAME It's being hailed as the sleeper hit. This Xbox 360 Live Arcade game focuses on a man who wreaks havoc after breaking loose in a research facility.

5 Billy Talent III: Billy Talent
ALBUM The Toronto-based screamo rockers knocked out Black Eyed Peas from the No. 1 spot on Canadian charts this week.

6 Retro swimwear
FASHION You can make a splash without showing a lot of skin — that was the general message at recent Miami Beach fashion shows. Designers displayed many high-waisted and ruffled looks. And the monokini (attached bikini) is coming back.

7 The Angel's Game: Carlos Ruiz Zafón
BOOK The current literary superstar of Spain returns with another novel that's burning up the book charts.



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TIFF lineup

Films from Spanish cinema giant Pedro Almodovar and U.S. indie director Todd Solondz are among the latest additions to the Toronto International Film Festival lineup. METRO NEWS SERVICES

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'Spiritual consciousness'

When the Jamaican crime film The Harder They Come debuted in North America in 1973, audiences were spellbound.

Many here had never before seen the origins of reggae music or such a raw portrait of life on the island, recalls its star Jimmy Cliff.

"That was a very vital move, what that film did for Jamaica," the actor/reggae singer, who played musician-turned-outlaw Ivanhoe Martin in the iconic feature and provided the music for it, said in a recent interview.

"People didn't know where the music was coming from, what it was all about, what motivated it, so the movie showed them ... The movie opened up all of that to the world."

Now, as a soulful stage musical based on the film made its North American premiere in Toronto earlier this week, audiences here still have much to learn about "the spiritual consciousness of Rastafari," said Cliff.

The play will help explain it, he added.

"It's not just the outer physical appearance (of Rastafari) that people see," said Cliff, who is known for such hits as You Can Get It If You Really Want and Many Rivers To Cross.

"There is a depth and a universal consciousness of it which I think the world the world has not really got ... I think that is still there to be learned."

Cliff rose to fame in the Perry Henzell-directed film, playing a poor country boy who moves to Kingston to make it big as a reggae singer. Dogged by the politics of the music industry and the government, he turns to crime to make cash.

The character is based on a real-life Jamaican criminal who became a hero for the poor in the 1940s.

"I would say (the film) took my career to another level because it gave people an insight into where the music was coming from and it gave people an insight into my artistry as an actor," said Cliff, 61, who splits his time between Jamaica and Paris.

ROBERT DAY/THE CANADIAN PRESS

Actor Rolan Bell stars as Ivanhoe Martin in the stage musical The Harder They Come, which opened in Toronto this week.

The Harder They Come stage musical — also written by the late Henzell — premiered to critical acclaim in London in 2006 as a Theatre Royal Stratford East and UK Arts production.

Rolan Bell plays the role that Cliff made famous while Kerry Michael and Dawn Reid direct. Choreography is by Jackie Guy.

The score includes many of Cliff's songs as well as tracks by other Jamaican artists, including The Melodians (Rivers of Babylon).

Toronto's production, the first stop on an international tour, runs through Aug. 23 at the Canon Theatre.

Watching the story unfold on stage has given Cliff a new perspective on the character, he said.

"It took me to another depth, another level, having played that character," Cliff said. "Things I wasn't aware of or I didn't see in the (film), it took me there." THE CANADIAN PRESS

Tickets

• For tickets and more information, visit mirvish.com.

Eminem's younger brother headed to court

The younger brother of rapper Eminem is headed to trial on a drunken driving charge in Macomb County. Twenty-three-year-old Nathan Mathers was scheduled to appear yesterday afternoon in district court in Shelby Township for a bench trial. THE ASSOCIATED PRESS

Mix of Six

Dine and Dream

When: Fri. and Sat., 6-10 p.m.
Where: Famous People Players

After 35 years, this weekend is the last chance to enjoy dinner, performance and dessert reception at the Famous People Players' original theatre. Visit fpp.org.

Burlesque Festival

When: Friday to Sunday
Where: Various locations

This year's festival is themed Tassels Without Borders. Both international and Canadian burlesque artists will be in the city. Visit torontoburlesquefestival.com.

Katy Perry

When: Sunday, 7 p.m.
Where: Molson Amphitheatre

Katy Perry shot to fame last summer when her hit, I Kissed a Girl, made moms and ministers freak out worldwide. Visit ticketmaster.ca.

Jays vs. Rays

When: Friday to Sunday
Where: Rogers Centre

The Jays lost three games in a row when they played the Rays in Tampa Bay earlier this month. This time, they have home-crowd advantage. Visit bluejays.com.

Jason Alexander

When: Saturday, 9 p.m.
Where: Casino Rama

Best known as George Costanza, Jerry's dim-witted and miserable best friend in Seinfeld. Expect comedy, music and partial nudity. Visit ticketmaster.ca.

Fundraising

- Cycle from Toronto (at Queen's Park this Sunday) to Montreal in support of the People with AIDS Foundation.
- Frugal Fashion Week in Queen West this weekend will doante a portion of the profits Windfall clothing bank.

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Going Away

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Top 10 Canadian destinations

IMAGEONTARIO.COM

Looking out over the water at Tobermory, Ont.

The Canadian Tourism Commission has announced the top 10 most-viewed destinations on the Locals Know site, localsknow.ca, a national marketing campaign in which Canadians have been asked to upload photos of their favourite travel destinations across the country.

1. **Georgian Bay** at Tobermory, Ont.
2. **Itcha Ilgachuz Provincial Park,** Chilcotin Uplands, B.C.
3. **Athabasca Sand Dunes,** Lake Athabasca, Sask.
4. **Caribana,** Toronto
5. **Writing on Stone Provincial Park,** Milk River, Alta.
6. **Long Beach,** Vancouver Island, Tofino, B.C.
7. **The Basilica of Sainte-Anne-de-Beaupré,** Sainte-Anne-de-Beaupré, Que.
8. **Dusk at Providence Bay Beach,** Manitoulin Island, Ont.
9. **Norstead Viking Village,** N.L.
10. **Rock sculpture by the Atlantic,** Hopewell Cape, N.B.

METRO NEWS SERVICES

DICK LOEK/TORSTAR NEWS SERVICE

Signal Hill is among the sites in and around St. John's, N.L., connected by the Grand Concourse.

Grand Concourse marks trails around St. John's

The Grand Concourse, a 125-kilometre walkway network in St. John's and neighbouring communities, is marking its 20th anniversary with a new site, grandconcourse.ca, that provides detailed information on numerous walks.

Users can specify which types of outings they're interested in — categories include nature, fitness, history and "for the view" — and then get maps, descriptions and photos.

Battery to Signal Hill, for example, is an attractive walk linking Signal Hill with downtown. At just over half a kilometre long, it's a 15-minute stroll or a 10-minute "brisk walk."

More details

- For more information on the Grand Concourse, visit grandconcourse.ca.

"One section is rugged but offers spectacular views of the city and surrounding landscape."

The three-kilometre Southbrook Trail, along Southbrook Valley, provides scenic views and serenity in the heart of St. John's and is "one of those walks that make you forget that you are in Newfoundland's busiest and largest city."

The Grand Concourse links a series of rivers, lakes and ponds, as well as parks and green spaces in St. John's, Mount Pearl and Paradise. It was completed in 2005, but new walkways are being planned.

"The development of the Grand Concourse started with the recognition that the waterways within the limits of St. John's provided the opportunity to develop a unique and scenic walkway network," said Paul Johnson, chairman of the non-profit Grand Concourse Authority.

"I am proud to say that two decades later we have a walkway system that has received international recognition, but more importantly it is promoting a healthy lifestyle for our residents."

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ADVANCING GENERICS

Kelis welcomes baby boy

Kelis has welcomed a baby boy. Knight Jones — weighing 7.8 lbs. — was born Tuesday at 9 p.m. in New York City, a rep for the 29-year-old singer tells usmagazine.com, adding both baby and mom are doing "wonderful." METRO NEWS SERVICES

Celebrity Buzz

Mischa out of hospital?

IMPROVING A week after calling police with a health problem and being placed under a psychiatric hold, Mischa Barton is "making improvements" and will get back to work, her rep tells People.

Specific details about the 23-year-old actress' condition were not available but Barton's rep says she is "still seeking treatment" and plans to return to work on the CW show The Beautiful Life, which is scheduled to begin production July 31.

Friends have said the former O.C. star is "dealing with personal issues" and has been on "a destructive path" for a while.

According to a source, Barton has now left Cedars-Sinai Medical Center, where last week she was placed under a psychiatric evaluation, known as a 5150 hold.

METRO NEWS SERVICES

Sis Rebbie to raise MJ's kids?

FAMILY MATTERS TMZ.com is reporting multiple sources in the Jackson family as saying that even if Katherine Jackson gets custody of Michael Jackson's kids, it will be the late singer's big sister Rebbie Jackson will raise the children.

The 59-year-old singer, who shares a home in Las Vegas with her husband of over 20 years, has kept a low public profile, but privately she has been deeply involved in the lives of Michael's children.

TMZ reports Rebbie is currently living with Katherine at the family's Encino, Calif., home and is caring for the kids day-to-day.

Although the family is divided on many issues involving Jackson's estate, the gossip website says there's no argument when it comes to Rebbie caring for the kids — and that whether she eventually becomes the custodial parent in name or not, she will end up with the primary responsibility of raising her brother's three children. METRO NEWS SERVICES

E-showdown: CNN v. Larry King

ONLINE BEEF A Twitter fight has broken out between Larry King and his handlers at CNN, TMZ.com reports.

King's wife Shawn says CNN asked him to stop posting personal details on KingsThings — such as him and Ryan Seacrest arguing over who's going to pay for dinner.

King has started a personal account, Shawn KingsHubby.

METRO NEWS SERVICES

Pap gets slap from Jude?

SCUFFLE A female photographer claims to have gotten a "real stinger" of a slap from Jude Law outside a London restaurant on Thursday and is considering legal action against the actor, popeater.com reports.

Harsha Gopal taking pictures of the actor when, Gopal alleges, the star flailed his arms around, striking the woman.

"He hit me full on the face, it was a real stinger, it was very sore," she told the Daily Mail. "It was deliberate — you could see it in his face. Maybe he didn't realize he was hitting a girl, but he could at least apologize."

Law's lawyer has responded, calling the claims "nonsense" and disputing Gopal's assertion that he didn't say sorry.

METRO NEWS SERVICES

Gosselin love triangle emerges?

HOT COMMODITY A tabloid reporter who has been photographed twice with Jon Gosselin claims to be dating the 32-year-old father of eight, usmagazine.com reports.

"I didn't mean it to happen, it just did," Star reporter Kate Major, 26, said Tuesday. "I went to do a story on Jon and ended up falling for him."

Gosselin and Major were first photographed together Saturday at New York restaurant Accademia di Vino, where an onlooker told usmagazine.com that Major "was flirting shamelessly with Jon."

On Tuesday, a source said the two dined in the Hamptons with Lindsay Lohan's father Michael (who is pals with Major) and Real Housewives of New York star Jill Zarin, whom Jon asked "for media advice."

Gosselin has yet to confirm if he and Major are an item.

Hailey Glassman, 22, also has yet to weigh in on Major's remarks. Last week, Gosselin announced that he and Glassman — the daughter of the surgeon who performed ex Kate's tummy tuck — were dating.

METRO NEWS SERVICES

Perez signs first act to record label

DIVERSIFICATION Gossip blogger Perez Hilton has announced his first signing to his new music label Perezcious Music: French singer Sliimy, ew.com reports.

"His music will make a lot of people smile," he said. "It's good, adult, quirky pop."

METRO NEWS SERVICES

GETTY IMAGES

Lily finds her 'Regular Joe'

NEW FLING Lily Allen is dating a painter-decorator, femalefirst.co.uk reports.

The singer has found a boyfriend who was closer to her own age and out of the limelight: Sam Cooper.

A source said: "Lily is tired of only ever being involved with well-known men. She wanted to go out with someone her own age who isn't involved in music or media.

"Sam works hard as a painter and decorator and leads a totally normal life. Lily is completely smitten with him. They have known each other for a while but have only just started dating properly."

METRO NEWS SERVICES

Tracy's animal house

ANIMAL LOVER Let's get one thing straight. Tracy Morgan is not Tracy Jordan, the wild and crazy character he plays on NBC's 30 Rock. In fact, the only thing they share is a love for not-so-furry pets like snakes, people.com reports.

"It's like going to the zoo when you come to my house," Morgan told People, who voices a guinea pig action hero in Disney's new action comedy G-Force. "I have snakes, three sharks, moray eels, piranhas, five scorpions and a bird spider. All of them are predators. They are dangerous but it's cool to have strong and powerful pets."

METRO NEWS SERVICES

Detachable baby bumps?

GREAT IDEA Jennifer Lopez thinks life would be "perfect" if your pregnancy bump was removable, femalefirst.co.uk reports.

The 39-year-old actress — who has 17-month-old twins Max and Emme with husband Marc Anthony — says she would love to be able to expand and retract her midriff girth at will.

She joked: "A bunch of us who have babies, we're like, 'It would be great when you are pregnant: You could take it off five times during the pregnancy, only for a half hour, then you have to put it back on.' That would be awesome. It would be perfect. But you can't."

METRO NEWS SERVICES

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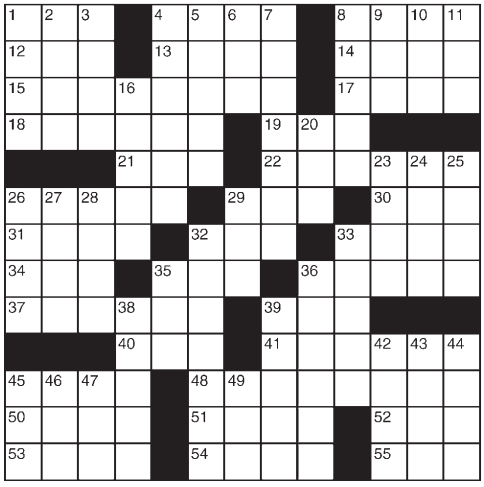

ACROSS

1 Film buff's cable channel
4 One of the king's men
8 Ringlet
12 Story of a lifetime?
13 Reverberate
14 Catch a glimpse of
15 Dangerous current
17 Hobbling
18 Heat (Prefix)
19 Rage
21 Football filler
22 Metro
26 Explosion
29 Lawyer's due
30 Raw rock
31 Bush adviser Karl
32 Round Table address
33 $10 in quarters, maybe
34 In olden times
35 CONTROL Agent 86
36 Man of morals?
37 Disliking
39 "— Doubtfire"
40 Attach
41 Ancient
45 Last writes?
48 Ailing
50 Treaty
51 Feed-bag contents
52 "Hail!"
53 Deuce beater
54 Picture of health?
55 Legislation

DOWN

1 Touch
2 Ho Chi —
3 "The Da Vinci —"
4 Say it's OK
5 Tony nominee, maybe
6 Personal question
7 Just as smart
8 Star
9 "Born in the —"
10 Spinning abbr.
11 Caustic solution
16 Obliterate
20 Regret
23 Courts
24 Singer Guthrie
25 Kennel sound
26 Actor Pitt
27 Trademark symbol
28 Acknowledge
29 Predicament
32 Backyard play area
33 Tailor anew
35 Chic, to Austin Powers
36 Fleet
38 Stylishly dressed
39 Valletta is its capital
42 October gemstone
43 Stromboli spillage
44 Bob's daytime-TV successor
45 Make up your mind
46 Prohibit
47 Setting for Capades
49 Listener

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3		5			1		2	
				7	3			1
7				5		9		
		7					6	
		9	6		5	7		
	8					2		
		4		2				6
1			8	4				
	3		5			4		8

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

E	M	U	S	■	M	O	A	T
G	Y	R	E	■	I	N	C	H
G	R	A	C	E	N	O	T	E
S	A	L	A	M	I	■	■	R
■	■	■	N	O	■	T	H	E
R	E	S	T	■	B	R	O	■
A	L	P	■	■	I	A	M	■
F	L	A	B	■	A	C	E	■
■	■	C	U	R	S	E	■	H
T	H	E	S	E	■	■	S	U
R	U	B	■	P	L	A	C	E
A	G	A	■	R	I	G	A	■
P	E	R	■	O	V	E	N	■

B	O	P	4	1	8	9	7	6
R	I	O	3	7	2	4	1	5
A	N	N	9	5	6	8	3	2
I	C	K	Y	7	9	4	1	8
M	E	■	■	8	2	5	7	6
A	L	M	S	1	6	3	2	5
E	A	U	■	5	8	9	3	4
S	T	E	P	2	4	7	6	9
■	■	■	■	6	3	1	5	2
D	A	E	■	7	1	6	4	3
I	C	K	■	9	5	2	8	7
E	R	I	E	4	7	3	9	1
R	E	D	S	2	6	5	8	4

On the web

Find more games to play + more cartoons by the Six Chix at metronews.ca

Metro Recipe of the Day

Smoked Trout and Pasta Salad

INGREDIENTS:

1 each red and yellow pepper, seeded and quartered
10 oz (300 g) penne rigati or other pasta shapes
10 oz (300 g) smoked trout fillets
1 orange
1 large avocado
2 green onions, sliced
2 tbsp (25 ml) capers, well drained
1 1/2 cups (375 ml) arugula

DRESSING:

5 tbsp (75 ml) plain low-fat yogourt
2 tbsp (10 ml) lemon juice
1 tsp (5 ml) Dijon mustard
2 tbsp (25 ml) chopped fresh dill
1/2 tsp (2 ml) white sugar
Pepper to taste

METHOD:

1. Preheat broiler. Place peppers on broiler rack, skin-side up, and broil until skins are blistered and blackened. Remove from broiler and place in plastic bag. Seal and set aside to cool.
2. Meanwhile, bring large pot of water to boil and add pasta. Cook according to package instructions until al dente. Drain, rinse with cold water and drain well again. Transfer pasta to large salad bowl.
3. Flake trout fillets into bite-sized pieces, discarding skin and bones. Cut all skin and pith from orange and cut out segments from between membranes. Halve segments. Halve, pit and peel avocado, then cut into small chunks. Mix dressing ingredients and season with pepper.
4. Peel peppers and cut into strips. Add peppers to pasta together with trout, orange, avocado, green onions and capers. Add dressing and toss gently but thoroughly. Just before serving, toss in arugula.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton

sallybrompton.com

ARIES ♈
MARCH 21-APRIL 20
Life is full of possibilities, now more than ever, and the Sun in Leo urges you to let the artistic side of your nature flourish.

TAURUS ♉
APRIL 21-MAY 21
Strive to keep your feelings under control today, and make sure you look at the events of your life from a logical perspective.

GEMINI ♊
MAY 22-JUNE 21
Sometimes you can be too suspicious for your own good but today and over the weekend you will go to the other extreme and trust everyone.

CANCER ♋
JUNE 22-JULY 22
A money matter or business issue is no longer yours to command, so put it out of your mind and focus instead on other things in your life .

LEO ♌
JULY 23-AUG 23
The Sun in your sign makes this the perfect time to start something new. It does not have to be amazing but it must have the Leo stamp on it.

VIRGO ♍
AUG 24-SEPT 22
Make this the day you start to clear out all that emotional junk you have been carrying around like a bag full of guilty secrets.

LIBRA ♎
SEPT 23-OCT 23
The Sun in one of the more big-hearted areas of your chart urges you to forget about being number one and do things to help life's also-rans.

SCORPIO ♏
OCT 24-NOV 22
Would you like to change the way you live? Would you like to lead a more meaningful existence? If so, now is the time to do something about it.

SAGITTARIUS ♐
NOV 23-DEC 21
The Sun in Leo at this time of year encourages you to take the kind of risks others say you should try to avoid. Be brave, be bold.

CAPRICORN ♑
DEC 22-JAN 20
You may be stuck in a rut and you may be desperate to get some excitement back in your life, but first do something about your financial situation.

AQUARIUS ♒
JAN 21-FEB 18
The Sun in Leo at this time of year makes all things possible for those who know how to give and take. On balance you'll come out ahead.

PISCES ♓
FEB 19-MARCH 20
If there are doubts in the back of your mind your efforts will most likely fall short, and that would be a shame for someone of your intelligence and talent.

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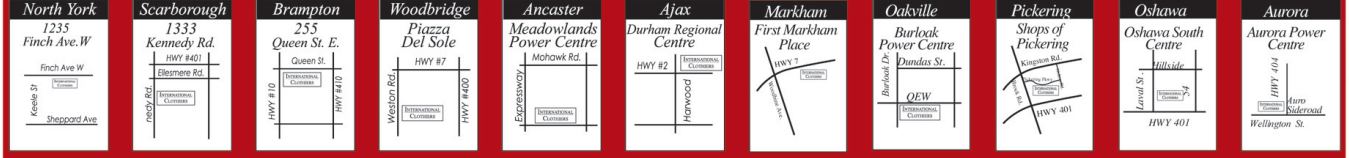

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